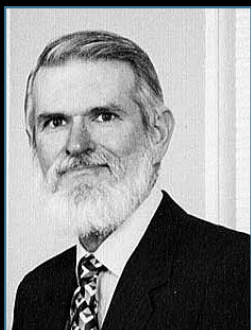


*Saluting
MHB's
Board Presidents,
Your Neighbors
from
Years Past*



William L. Kincaid, M.D., MPH, Lafayette Square Neighborhood, is retired and is serving his second term as MHB's President.



Leon E. Ashford, Ph.D., Kingsway West Neighborhood, is retired from the staff of Washington University.



Amy Hilgemann, Ph.D., McRee Town Neighborhood, is the executive director of Behavioral Health Alternatives, Inc.



Thanks to the War Trama Recovery Project, I use my experience as a survivor of ethnic cleansing to help many others in the City of St. Louis.
- Sasia, Tower Grove South Neighborhood



Through the St. Louis Empowerment Center, I have gotten back into treatment and my life is back on track.
- Brian, Fountain Park Neighborhood



Cheryl D. S. Walker, Esq., Eads Park Neighborhood, is the CEO/Chief Counsel for Citadel Partners.



The Clean Start Program assisted me by offering classes and support I needed to become a valued member of society instead of an outcast.
- Clarence, Villa Neighborhood



Reaching The Community

MHB is committed to public accountability and to informing residents about mental health and substance abuse issues and services available to city residents. For help or more information contact MHB or one of the local agencies as follows:

**City of St. Louis
Mental Health
Board of Trustees**
4144 Lindell
Suite 300

St. Louis, MO 63108
(314) 535-6964

Website: www.stlmhb.com

**Behavioral Health Response
(BHR) 24-hour crisis
hotline staffed professional
counselors www.bhrstl.org
(314) 469-6644**

Life Crisis Services
24-hour hotline staffed
by trained volunteers
www.lifecrisis.org
(314) 647-4357

**National Alliance for
the Mentally Ill-
NAMI of St. Louis**
<http://www.namistl.org>
(314) 966-4670

**Depression Bipolar Support
Alliance of St. Louis**
<http://www.dbsalliance.org>
(314) 776-3969

**Mental Health Association
of Greater St. Louis**
<http://www.mhagstl.org>
(314) 773-1399

Celebrating 10 years of touching lives

*A Special
Anniversary
Report
to the
Community*



City of St. Louis
Mental Health Board
of Trustees

FUNDING PROGRAMS THAT WORK

2003

Community Leaders Salute MHB...



One of the cornerstones of a great city is how we take care of those less fortunate than ourselves. Certainly the commitment of MHB staff and volunteers over the years has contributed greatly to the quality of life of our city.

I applaud the work that you do daily to provide resources to those in need. I look forward to celebrating another 10 years of touching lives.

- The Honorable City of St. Louis Mayor Francis G. Slay



In this era of shrinking budgets, it's important to MHB to remain focused on their core values. Throughout MHB's 10 years, they've been working tirelessly towards their goal of allocating funds in a manner the taxpayers can be proud of. MHB knows the importance of ensuring that every citizen of St. Louis can see where their money goes, the people who have been helped and the results that are achieved.

MHB's initial imperative was to provide funding for those citizens suffering from mental illness and substance abuse. In their quest to improve services, MHB has used their position in the community as the local mental health authority to increase funds for mental health care into the City of St. Louis. MHB's efforts over the last two years to secure new, additional revenue from state and federal sources are commendable.

- The Honorable City of St. Louis Comptroller Darlene Green



One of MHB's greatest achievements during its first 10 years has been the Juvenile Justice Initiative. Mental health services for high-risk children under court supervision were not being delivered in the community. MHB brokered a partnership and funded this initiative to address a collaboration between the St. Louis Family Court and the Department of Mental Health (DMH), which has now enabled us to provide more efficient and effective services, with the net result being that children have access to mental health resources. That's an enormous victory for our city's children in need.

-Kathryn Herman
Assistant Court Administrator/Chief Juvenile Officer
The Family Court Juvenile Division



What an asset to our community! The City of St. Louis Mental Health Board has been a steadfast advocate for our citizens most in need, whose needs might not be heard without its voice in the community.

-Bonita Cornute,
General Assignment Reporter
FOX 2, KTVI-St. Louis



Our Mission

The Mission of the City of St. Louis Mental Health Board of Trustees is to provide leadership as a catalyst for enhancing and promoting a system of mental health and substance abuse services for City residents.

FINANCIAL INTEGRITY ASSURED

Accountability to Our City's Taxpayers

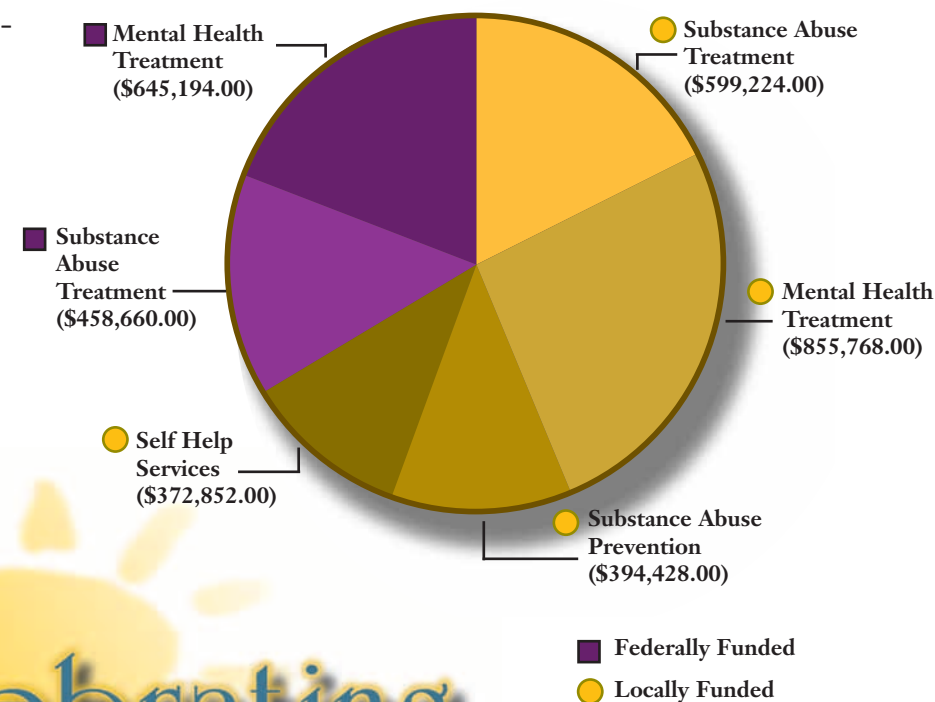
Just 1.3 percent of city taxpayers' total property tax goes to pay for mental health and substance abuse services, which generates approximately \$2.2 million every year to help thousands of people receive free services from agencies funded by the City of St. Louis Mental Health Board of Trustees.

These funds are distributed by MHB over a 12-month period. While waiting to be utilized by the various agencies, this money is invested and earns enough interest to pay most of the organization's administrative expenses.

MHB is committed to ongoing fiscal accountability, and is independently audited each year by an independent certified public accountant. In addition, every agency receiving a grant is also required to have an independent audit.

2003 GRANT AWARDS

by Type of Service & Source of Funds



Celebrating 10 years of touching lives



I have been able to reduce my fear of my father's physical, mental and verbal abuse thanks to the services I received from the Family Resource Center.
- Linda, Vandeventer Neighborhood



TEN YEARS OF FUNDING PROGRAMS THAT WORK

As part of our mission, using city tax dollars, MHB annually distributes grant monies to local agencies that provide mental health/substance abuse prevention and treatment services to St. Louisans. We proudly salute the following agencies as recipients of service, capital and special grants over the past 10 years.



Through the "Step In Now!" Program, a family-oriented youth drug and alcohol prevention service, my son and I learned how to better communicate and how to overcome the temptations of the streets.
- Barbara, Mark Twain Neighborhood

Three-year Service Grants

- Aid for Victims of Crime
- Better Family Life
- Community Alternatives: Innovations in Behavioral Care
- DART (Drug Alcohol Rehabilitation & Treatment)
- Family Resource Center
- Family Support Network
- Grace Hill Neighborhood Services
- Harris House Foundation
- Hopewell Center
- I.A.M. C.A.R.E.S. - International Association of Machinists Centre for Administering Rehabilitation and Employment Services (now Discovering Options)
- Independence Center
- Living World Apostolic Church
- Lutheran Hospital
- Magdala Foundation
- Mental Health Association of Greater St. Louis
- Metropolitan Employment & Rehabilitation Service (Now MERS/Goodwill)
- NAMI of St. Louis
- National Alliance for the Mentally Ill
- National Council on Alcoholism and Drug Abuse
- New Beginnings C-STAR
- North Side Community Center
- Peter & Paul Community Services
- Places for People
- Provident Counseling
- Queen of Peace Center
- St. Patrick Center
- St. Louis Mental Health Center (now BJC Behavioral Health)
- St. Louis Office for Mental Retardation and Developmental Disability Resources
- The Olive Branch
- United Methodist Metro Ministry
- War Trauma Recovery Project

Special One-time Service Grants

- Mental Health Association of Greater St. Louis
- National Alliance for the Mentally Ill
- Provident Counseling

One-time Capital Grants

- Aid for Victims of Crime
- Annie Malone Children & Family Service Center
- Archway Communities (now Preferred Family Healthcare)
- Cardinal Ritter P.A.S.S.
- Community Alternatives
- DART (Drug Alcohol Rehabilitation & Treatment)
- DMDA (now Depression Bi-Polar Support Alliance of St. Louis)
- Harris House Foundation
- Hopewell Center
- Independence Center
- Magdala Foundation
- National Council on Alcoholism and Drug Abuse
- North Side Community Center
- Places for People
- Provident Counseling
- Queen of Peace Center
- Rosati Group Home
- Salvation Army Harbor Light Center
- Salvation Army Hope Center for Children
- St. Patrick Center
- St. Louis Transitional Hope House
- United Methodist Metro Ministry
- Women's Self Help Center

NEW FUNDING SOURCES ST. LOUIS

In MHB's efforts to leverage its local revenues, over the past several years, the organization has made tremendous strides in having successfully brought new monies into the St. Louis area through a number of federal grant sources.

The following organizations have benefited from these sources of revenue:

- Community Alternatives: Innovations in Behavioral Care
- DART (Drug Alcohol Rehabilitation & Treatment)
- Family Resource Center
- Family Support Network
- Greater St. Louis Treatment Network
- Health Department, City of St. Louis
- Hopewell Center
- International Institute- Interpretation Services
- International Institute- Mental Health Counseling
- Mental & Emotional Wellness
- Options for St. Louis Counseling Services
- Provident Counseling
- Queen of Peace Center
- St. Patrick Center
- Urban Behavioral Healthcare Institute



In celebrating 10 years of touching lives, the City of St. Louis Mental Health Board of Trustees' (MHB's) role in the community has evolved from addressing gaps in mental illness and substance abuse services for adults, to now include a special focus on children. Based on this new focus,

MHB has an eye toward helping agencies to work together to improve effectiveness so that problems can be prevented early on and/or avoided. In addition, the board has authorized funding for services for the homeless mentally ill and refugee populations, two new groups where needs are beginning to emerge.

MHB also engages in continual strategic planning. They use data and current needs assessments to determine how local tax revenues can best be distributed to local agencies in the form of grants. The board is tremendously active in every aspect of the grant process.

-Kathryn E. Nelson, Child Advocate



MHB has made great accomplishments in getting existing services where they need to be. Some time ago, St. Louis City children entitled to mental health services were going un-served mainly because publicly-funded HMO's did not know how to reach inner city families. No one knew these services were even available. MHB met with the managed care professionals involved, and by introducing an array of urban mental health professionals who were equipped to serve children, they were able to become part of the HMO network. MHB's efforts helped them reach city children in real and meaningful ways. The end result has been many more children receiving the mental health benefits to which they are entitled.

Most people aren't even aware of one of MHB's greatest contributions to our community. Some low-income parents of mentally ill children were being forced to relinquish custody of their children to the state so their children would be eligible for the residential mental health services, which they so desperately needed and were beyond their family's financial means. These families were in a truly desperate situation. MHB commissioned a study that brought this issue to the attention of state and federal lawmakers and has inspired legislation that keeps families in these situations together. Parents in Missouri should no longer have to make that bitter choice in order to provide care to their mentally ill children.

- M. Elizabeth Griffin, Executive Director
Citizens for Missouri's Children



MHB intends to remain committed to serving as the local public authority charged with enhancing and promoting a system of mental health and substance abuse services for St. Louis taxpayers by funding programs that work.

- William L. Kincaid, M.D., MPH
City of St. Louis of Mental Health Board of Trustees President



As a student at the public schools, I no longer cut up in class since receiving help from my school's counselor.
- Drey, Academy Neighborhood