

Better Together.

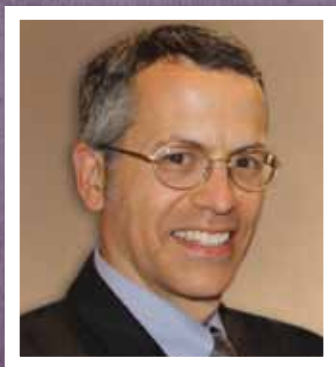
2010-2011 Annual Report

TABLE OF CONTENTS

Executive Director and Board Chair Letter	2
2011: Better Together	5
Mental Health Fund	12
Children's Services Fund	18
Youth Mini-Grants	34
Initiatives & Partnerships	35
Collaborations for Systems Change	42
Financial Data	50
Trustees	56
Staff	59



Don Cuvo
Executive Director



Phillip Minden
Board President

A year of **Change,** **Challenges,** and **Collaboration.**

AS 2011 COMES TO A CLOSE, MANY PEOPLE BOTH IN ST. LOUIS AND around the region are breathing a collective sigh of relief that the year is over. For many in our community, this year — like those of the recent past — has been relentless, turbulent and troubling. Unemployment continues to hover around 9.1% in St. Louis, with rates much higher in the minority sectors. While statistically the recession is over, it may not feel that way, as many people are adapting to what has been deemed “the new normal” — an economy where people do with less, do without or simply adapt to a post-recession environment, which feels vastly different than one where the American Dream remains firmly rooted in place.

People's lives are simply not improving in this new, fragile economic climate — and the most vulnerable populations are feeling the effects most acutely. Many homeless shelters are operating with less — serving a greater need with vastly

reduced budgets and resources. Shelters — like many other organizations — are doing more with less.

Those suffering from mental health issues in Missouri and St. Louis have felt the effects of the economic

turmoil more sharply than most. Metropolitan Psychiatric Center (MPC) — the only public mental health emergency room in Eastern Missouri — was closed by the State Department of Mental Health due to lack of funds. Entire wards from Fulton State Hospital — another provider of psychiatric care — were shut down — leaving patients, physicians and other, lesser-equipped facilities without good options. Patients in acute psychiatric crisis were left to visit ERs that serve the general population. This means that the physicians, nurses and staff of these ERs don't necessarily have the specialized training needed to deal with psychiatric emergencies. This causes an added stress on an already fragile situation.

During the recession, foundations and corporate philanthropists had fewer dollars to donate in the community when their asset bases were reduced. The State and St. Louis City also lost income

*Community challenges force us
to look beyond our walls
and ask how we can work together
to solve the challenges that are impacting
our vulnerable populations.*

tax due to high unemployment and reduced sales tax income, due to spending reductions.

During the recession itself, the Mental Health Board weathered the financial storm. Our budget, however, is directly tied to City property tax, and for the first time in 19 years, property assessments were lower. In addition, it is anticipated that property values will remain uncertain for the next five to 10 years. So we — as many others in the community — will continue to adapt, learn and do more with less.

While the news seems dim, there is a silver lining to this story — an upside that brings us together as a community, and makes us stronger. It is that these community challenges force us to look beyond our walls and ask how we can work together to solve them. Now — more than ever, we recognize that no single organization has the resources, the time or the talent to tackle the challenges alone, and so we are seeking each other out, and having the frank and difficult conversations, which lead to real, actionable solutions — which may not have otherwise occurred.



The economic crisis has made it clear that action in our city cannot wait. Never has there been a more immediate need for mental health services in St. Louis. The Mental Health Board — along with our partners and collaborators — is working to meet the needs of our city's residents with unprecedented response.

Another bright spot? The Mental Health Board is staffed with some of the most talented and caring social service professionals in the industry. These are dedicated public service employees who are making significant contributions to the community — who look at some of our toughest challenges and say — “let’s get to work.”

To our partners, consumers and friends — thank you for your service this year, and for your commitment to the health and wellness of the residents of St. Louis.

Now — let’s get to work.

Our Core Values

These core values are what MHB stands for and what guides us in every decision.

- Stewardship
- Compassion and Equity
- Understanding and Commitment
- Innovation
- Collaboration
- Strategic Alliances
- Partnerships with Other Social Service and Governmental Authorities

BetterTogether.

2010-2011 Annual Report

Funding Partnerships

The St. Louis Mental Health Board is in a unique position — we have both a wide-angle view of mental health services and solutions in St. Louis, as well as a ringside seat — along with other grantmakers, creative thinkers, and service providers. One of our most effective

routes for investing is through Funding Partnerships. Partnerships typically bring two or more funding organizations together to leverage dollars, and make for a better investment, better outcomes, and a healthier community.

How are we better together? The Mental Health Board is funded by public dollars — of which there are a finite amount. When we partner with other grantmakers (typically other units of government — federal, state and city — workforce development agencies, or local and national foundations), we are able to stretch our dollars and make a bigger impact for consumers.

Many years ago — it was more difficult for funders to work together. We had to overcome various obstacles — we had different funding cycles, diverse boards, and our applications looked nothing alike. But over time, collaborative partnerships that leverage our



dollars together have become more common. Where there was once resistance to pooling dollars, there is now visionary leadership and an enthusiasm to jointly funding projects and programs. In particular, the health foundations have a fierce entrepreneurial spirit,



and have taken a leadership role in funding partnerships alongside the MHB.

One prime example of the power of the partnership is the union of the Mental Health Board and the United Way, which has resulted in two childcare partnership programs. Because we are stewards of community dollars across St. Louis, we look for opportunities which impact community members of ALL ages. As part of that mission, we ensure that our consumers are represented at the pre-school level — when we can make some of the earliest and most meaningful impacts in their lives. Early childhood education has sizable and significant benefits when it comes to young children's cognition and academic achievement, behavioral and emotional competencies, and educational progression and attainment. Additionally, there are significant long-term benefits of reduced child maltreatment, health

problems, delinquency, crime, and social welfare program use.

In its fifth year, in partnership with the United Way, we are providing childcare scholarships for low-income working families. The high cost of childcare is often a major barrier for parents seeking employment. Our goal is to ensure that children from low-income working families in the City are cared for in a high quality childcare program by providing partial scholarships for families that are not eligible for state subsidies. The United Way funds 18 quality childcare centers, and through our partnership, we have touched the lives of 146 children during 2010-11.

We've also partnered with the United Way to create the "Programs Achieving Quality Partnership" in order to improve quality in 12 under-resourced licensed child care programs that have at least a 25% enrollment of state-pay children.

This unique partnership provides linkages, training, and technical assistance for small childcare programs that have not been connected to community resources.

The MHB also created a partnership with the Archdiocese of St. Louis to support two programs in elementary parochial schools — one addressing the need for after-school programs in non-public schools, and the other to address bullying prevention. The after-school program ensures that

The after-school program ensures that there are high quality programs to supplement the school day that are comprehensive, and address the intellectual, physical, social and emotional needs of students.

there are high quality programs that address the intellectual, physical, social and emotional needs of students. Through our partnership, the after-school program reached 1,009 children in the St. Louis area during 2010-2011.

MHB, together with the Archdiocese, supported the bullying prevention program “Peaceful Solutions,” which provides resources for students, teachers and parents to manage and prevent inappropriate behaviors in school settings. The partnership served 2,848 students last year.

MHB partnered with Incarnate Word Foundation to fund the “Urban Expressions” program at Most Holy Trinity Church in North St. Louis — a program that focuses on involving youth in the creative redevelopment of their neighborhood through art, architecture and mentoring opportunities. Using a curriculum



One of our longest partnerships has been with the State Department of Mental Health — which has shared our vision for leveraging behavioral health dollars.

developed for 4TH through 8TH graders, the school collaborates with businesses, individuals, foundations and organizations to take photos of the community and see how they can enact change through cultural and economic redevelopment as well as affordable space initiatives.

One of our longest partnerships has been with the state Department of Mental Health — which has shared our vision for leveraging behavioral health dollars.

We've partnered with the Department of Mental Health to fund two programs with Preferred Family Health Care: "Relapse Prevention

Mentoring Plus," which provides intensive relapse prevention and mentoring interventions for chronic substance abusers; and the "CSTAR" adolescent outpatient treatment program for Medicaid-eligible youth. Through CSTAR, we are able to help teens in trouble through creative funding — using local money to match federal Medicaid funds. Without this ability to leverage our funding, we would not be able to help this critical population, and we would not be in a position to match these Medicaid dollars. In addition, the Preferred Family Health Care program is one of only two outpatient adolescent drug treatment programs in the city of St. Louis.

Another partnership with the Department of Mental Health is the "Discovering Options program" — a nationally recognized, innovative Alcohol, Tobacco and Other Drugs prevention program for elementary school-aged children. This enrichment program works with at-risk children to provide mentors, teach substance abuse prevention and other life skills, build upon those skills, and provide character development tools that children can take with them as they grow. Through our partnership, "Discovering Options" reached 91 children last year.

Facilitating Initiatives

Many challenges in our community cannot be addressed financially. Often, we see opportunities for change within the community, which we can facilitate in other, collaborative ways — through improved communications, shared resources, better organization and interaction, or by encouraging agencies to work together for a positive end result. And now — more than ever — through these collaborative efforts, we and our grantees are serving more people in our community with fewer resources.

Sigel Elementary Community Education Center, one of the St. Louis Public School District's full service schools, helped identify a need for mental health services. Sigel School developed an integrated social service delivery system, whereby several resource providers work with students and their families to assist them to overcome obstacles that prevent them from achieving academically. At the outset of the project, there was some skepticism around the ability to successfully bring behavioral health services to the school. The Mental

Health Board outlined a number of key checkpoints in the process which were critical to a successful implementation of services:

- High-level endorsement from the Principal
- Teacher buy-in — they have to identify and refer students for services
- A designated individual responsible and on-site
- A coordinated service team

In coordination with BJC Behavioral Health, and with clear benchmarks for success, the principal of the school was highly supportive of bringing the services to the school. With funding from MHB, BJC is now providing staff members at least three days a week, training school staff to identify students in need of behavioral health services, as well as training the other on-site community organizations to participate in the program. It has taken a full year of working with the school staff and





community agencies to prepare, full implementation rolling out in the coming year. We are excited to begin to see the results of our hard work!

One of our most successful initiatives is the Juvenile Justice Initiative with the 22ND Judicial Circuit Family Court Juvenile Division. We believe that youth involved with the Juvenile Court should have access to quality behavioral health services. As recently as 15 years ago,

young people in the court system lacked access to behavioral health services, regardless of the acute need. MHB worked to help bridge the divide that existed in the system, and build better linkages and coordination between the court and service providers.

An important change occurred when MHB helped the courts to mandate and measure outcomes from their service providers — everything from tutoring,

speech pathology, counseling, to psychological evaluations — all services provided were now linked to measurable outcomes, providing feedback on which services were working best. This allowed the courts to organize their contracts with community service providers to get the most social and financial return on investment.

In addition, MHB received a request from the Superintendent of the Juvenile Detention Center to provide training for its custodial staff. Many of the youth — as well as quite a few adults in correctional facilities — have behavioral disorders stemming from early childhood trauma. MHB contracted with Children's Advocacy Services of Greater St. Louis (CASGSL) to help the staff understand that many of the unwelcome behaviors they might see from young people in the juvenile justice system are manifestations of trauma experienced in early childhood — which helps

juvenile justice officers better understand and respond to the unwanted behavior. CASGSL implemented a “train the trainer” approach towards a trauma-informed juvenile justice system, and have made great strides in this area. By the end of the year, every staff person at the Juvenile Court had completed the training.

Year after year, one of the highest unmet identified needs in the City of St. Louis is housing for people with mental illness. While there are a number of highly qualified organizations providing quality care and services, they do not necessarily feel equipped to tackle the issue of housing. Yet the need for housing for this population consistently ranks in the top five unaddressed needs, with at least 60% of people with serious mental illness or drug addiction facing homelessness at some point in their lives.

The Mental Health Board was there to help. We were able to secure a major federal grant for the Partnership for Mental Health and Housing Transformation which provides services to help people maintain housing once they are in it. We then acquired two properties through our partnership with the St. Louis Equity Fund, and together we created a Strategic Housing Initiative to merge the two efforts.

Queen of Peace Center, a comprehensive family-based behavioral health center for women struggling with substance abuse and mental illness, and Preferred Family Healthcare, a comprehensive behavioral health non-profit organization providing substance abuse treatment/prevention and mental health services are staffing and managing the projects.

This was a true community-wide effort!



In 2010, 12 projects were selected from among 27 applicants responding to the 2010 Community Mental Health Fund call for co-investors. Each contributes toward attaining one of MHB's priority investment outcomes.

Mental Health Fund

Goal: Individuals with serious behavioral health disorders achieve and sustain their progress towards recovery.



Covenant House Missouri

2727 N. Kingshighway Blvd.
St. Louis, MO 63113
(314) 450-7672
www.covenanthousemo.org

Clinical Services: Provides transitional, clinical and therapeutic services to young adults ages 18-25.

AWARD: \$146,910

Employment Connection

2838 Market Street
St. Louis, MO 63103
(314) 333-5645
www.employmentstl.org

Back to Work, Back to Health:

Provides clinical and therapeutic services to chronically unemployed/underemployed consumers.

AWARD: \$192,600

Places for People

4130 Lindell Blvd.
St. Louis, MO 63108
(314) 535-5600
www.placesforpeople.org

Supporting Recovery

Opportunities: Provides step-down recovery support interventions for long-term consumers of intensive mental health services such as Assertive Community Treatment.

AWARD: \$138,088

MENTAL HEALTH FUND

Preferred Family Healthcare

2639 Miami, 4TH Floor

St. Louis, MO 63118

(314) 361-1630

www.pfh.org

Relapse Prevention Mentoring

Plus: Provides intensive relapse prevention and mentoring interventions for chronic substance abusers.

AWARD: \$220,000

Society of St. Vincent DePaul

100 N. Jefferson Ave.

St. Louis, MO 63103

(314) 881-6023

www.servingthepoor.org

ACCESS (Access to Convenient Counselors in Environments that are Safe and Supportive): Provides direct clinical and therapeutic services for recently housed homeless consumers and ex-offenders.

AWARD: \$75,076



A Journey Towards Healthy Living

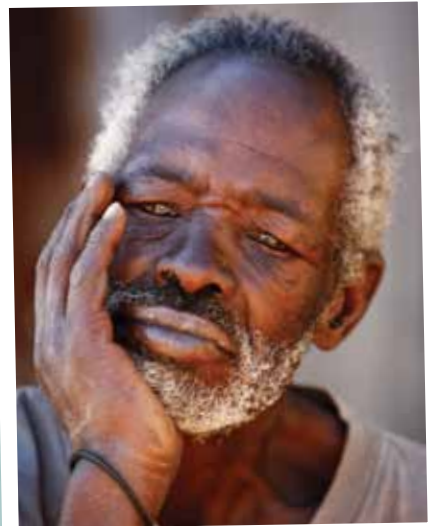
Preferred Family Health Care

Funding Partner: State Department of Mental Health

Provider: Preferred Family Health Care

In partnership with the Department of Mental Health, a long-term partner, we teamed up to fund Preferred Family Health Care's Relapse Prevention Mentoring Plus, a comprehensive behavioral health program for chronic substance abusers who have repeatedly been unsuccessful with traditional treatment methodologies. This program combines the best practices for treating co-occurring disorders (mental health and substance abuse) with counseling, coaching, shadowing, and cutting-edge pharmacology to end addictions.

Preferred Family Health Care services include access to psychologists, psychiatrists and other physicians, pharmacists, advance practice nurses, family therapist licensed social workers, licensed professional counselors, substance abuse counselors, community prevention specialists and others who work to create an environment that supports people in their journey toward sobriety and healthy living.



Goal: Individuals with serious behavioral health disorders who require frequent and repeated interventions across service systems are able to manage their conditions to avoid relapse, crises or emergencies.

**City of St. Louis,
Department of Human Services**

1520 Market Street, Room 4065
St. Louis, MO 63103

(314) 657-1651

<http://stlouis-mo.gov/government/departments/human-services>

St. Louis Jail Diversion Project:

Provides community-based mental health services for non-violent offenders as an alternative to incarceration.

AWARD: \$199,701

Independence Center

4245 Forest Park Ave.
St. Louis, MO 63108

(314) 286-4545

www.independencecenter.org

Becoming Employed Through Recovery: Provides clinical support and job-readiness training for consumers with serious and persistent mental illnesses.

AWARD: \$182,097

Places for People

4130 Lindell Blvd.
St. Louis, MO 63108

(314) 535-5600

www.placesforpeople.org

Breaking the Cycle for Consumers with Frequent Mental Health Interventions: Provides intensive

community-based clinical treatment and support for consumers who have been identified as highly inappropriate users of hospital and public safety services.

AWARD: \$175,000

St. Patrick Center

800 N. Tucker Blvd.
St. Louis, MO 63101

(314) 802-0700

www.stpatrickcenter.org

Rosati House Intensive Recovery Program: Provides therapeutic and socialization support for formerly homeless residents of Rosati House and apartments.

AWARD: \$124,000

Goal: Individuals with serious behavioral health disorders and other chronic conditions manage their overall health across their lifespan.

Bi-Lingual International Assistant Services

8390 Delmar Blvd., Suite 210
St. Louis, MO 63108
www.bilingualstl.org

Innovative Cognitive Behavioral Therapy for Homebound Older Adults with Obesity and Diabetes:

Provides in-home therapeutic
and clinical services for mental
health consumers.

AWARD: \$65,508

Family Care Health Centers

4352 Manchester Ave.
St. Louis, MO 63110
(314) 481-1615
www.fchcstl.org

Recovery Support Project: Provides
integrated psycho-social and
medical treatment for consumers
with comorbid mental and physical
health problems.

AWARD: \$158,000

Grace Hill Neighborhood Health Centers

100 N. Tucker Blvd.
St. Louis, MO 63101
(314) 814-8507
www.gracehill.org

Mental Health Counseling for Seniors with Chronic Conditions:

Provides integrated mental health
and clinical services for consumers
aged 45 and above with comorbid
chronic health problems.

AWARD: \$150,000

The St. Louis Mental Health Board appreciates the efforts of all co-investors in achieving multi-year outcomes.

Children's Services Fund

(FY 2007-2009)

This does not include funding partners

The following Children's Services Fund Grants were continued in 2010-2011 from the first grant cycle:

GOAL: High school students will graduate from high school.

St. Louis Internship Program

4232 Forest Park Ave., Room 1027
St. Louis, MO 63108
(314) 371-7547

www.stlouisinternship.org

The St. Louis Internship Program, Pre-Internship component, supports 9TH grade students in St. Louis Public Schools to stay in school and be promoted to the 10TH grade.

AWARD: \$149,474

Sts. Teresa and Bridget Church

3636 N. Market Street
St. Louis, MO 63113
(314) 371-1190

www.ststb.org

The Youth Enrichment program assists youth from low-income families to stay in high school and graduate.

AWARD: \$67,350

GOAL: Children and youth diagnosed with serious emotional disturbance and/or substance abuse issues will be stabilized.

Bridgeway Behavioral Health

1027 S. Vandeventer
St. Louis, MO 63108
(314) 652-4200

www.bridgewaycounseling.com

The Adolescent Treatment program provides education, counseling and support to students in St. Louis Public School's alternative school to stay alcohol and drug free.

AWARD: \$224,950

Children's Advocacy Services

One University Blvd.
St. Louis, MO 63121
(314) 516-6798

www.stlouiscac.org

The Integrated Treatment of Complex Trauma program provides intensive therapy and support to children who have experienced extreme and/or multiple traumas to achieve and sustain emotional stability.

AWARD: \$205,674

Multi-year outcomes achieved:

636 high school students advanced successfully to the next grade level or graduated from high school.

Co-Investors:

- Harmony in Life
- Marian Middle School
- NBA/ECHO
- Northside Community Center
- St. Louis Internship Program
- Sts. Teresa and Bridget Church

738 children and youth with serious emotional disturbance and/or substance abuse were stabilized.

Co-Investors:

- Bridgeway Behavioral Health
- Children's Advocacy Services
- Community Alternatives
- Family Resource Center
- Our Little Haven



As part of the Children's Services Fund, 42 projects invested with MHB to operate programs. Each contributes toward attaining one of MHB's goals.

Children's Services Fund

(FY 2010-2012)

This does not include funding partners

Goal: Parents provide safe and nurturing environments for their families.

Great Circle (formerly Boys and Girls Town of Missouri)

4485 Westminster Place
St. Louis, MO 63108

(314) 535-7911
www.bgtm.org

The Fostering Futures program is designed to help children ages 5-18 with emotional and behavioral challenges to remain stable in their foster home placement.

AWARD: \$95,504

Community Women Against Hardship

3963 West Belle Place
St. Louis, MO 63108

(314) 289-7523
www.cwah.org

This project supports women who experience poverty and hopelessness to gain the skills, resources and confidence necessary to meet the basic needs of their families.

AWARD: \$199,820

Family Support Network

7514 Big Bend Blvd.
St. Louis, MO 63119

(314) 644-5055
www.familysupportnet.org

Project First Step works to help stabilize families by enhancing parenting skills, connecting

families to needed community resources, and building positive family relationships.

AWARD: \$102,632

Father's Support Center

4411 N. Newstead
St. Louis, MO 63115

(314) 333-4170
www.fatherssupportcenter.org

The Family Formation Program teaches non-custodial fathers five key skills for building positive relationships with their children: 1) modeling: rules, behaviors and values; 2) teaching self-discipline; 3) process of discipline and consequences of behavior; 4) ignoring and providing praise for specific behavior, and 5) solution building, problem-solving techniques.

AWARD: \$196,761



Humanitri

1120 S. 6TH Street, Suite 120
St. Louis, MO 63104
(314) 772-7720
www.humanitri.org

The Housing and Human Services Program supports homeless families to acquire stable housing and obtain the skills and resources necessary to maintain a permanent home.

AWARD: \$60,228

Nurses for Newborns

7259 Lansdowne Ave., Suite 100
St. Louis, MO 63119
(314) 544-3433
www.nfnf.org

The Coalition for a Healthy Future Program supports low-income mothers of pre-school age children to acquire and maintain the skills and resources necessary to meet the basic needs of their children.

AWARD: \$101,548

One Hope United

4144 Lindell Blvd., Suite 206
St. Louis, MO 63108
www.kidshopeunited.org

The Functional Family Therapy Program supports families with youth who have juvenile court involvement to remain intact and develop positive relationships.

AWARD: \$92,035

Places For People

4130 Lindell Blvd.
St. Louis, MO 63108
(314) 535-5600
www.placesforpeople.org

The Incredible Years program assists parents of children with conduct problems to use positive approaches to parenting.

AWARD: \$199,820

St. Louis Crisis Nursery

2401 N. Grand Ave.
St. Louis, MO 63106
(314) 292-5770
www.crisisnurserykids.org

The Family Empowerment Program provides intensive home-based services to parents to encourage strong relationships and positive parenting.

AWARD: \$96,085

St. Louis Lead Prevention Coalition

2256 S. Grand Ave., Suite 2 South
St. Louis, MO 63104
(314) 664-9922
www.leadprevention.org

The Lead Prevention Program educates parents to the risks and symptoms of lead poisoning, and provides information on strategies for assuring children are in lead-free environments.

AWARD: \$54,658

A Catalyst for Volunteerism | AmeriCorps St. Louis

“The AmeriCorps partnership with MHB and the Mayor’s office has been a catalyst for volunteerism in the city. The need to engage young people was clear, but we could not have done this alone. It took this unique three-way partnership to make this happen. Thank you to everyone involved for making this so easy to start and implement.”

– Kathleen Becherer | program director | AmeriCorps St. Louis

Funding Partner: City of St. Louis
Mayor’s Office with funds from
the Federal Government
Provider: AmeriCorps St Louis

MHB and St. Louis Mayor Francis Slay saw the need to engage more people in local volunteerism. This launched a three-way partnership among MHB, the Mayor’s Office, and AmeriCorps to create wide-scale projects that focus on children and family needs in the city. In the first year, the partnership has already recruited 930 volunteers and

managed 23 separate projects. Over 250 youth were mobilized as volunteers, and contributed over 10,000 hours of services.

One significant project was the opening of a new warming shelter for families when the temperature drops below 20 degrees. Not only did the AmeriCorps volunteers launch and staff this shelter — the only one in downtown St. Louis that will host families — but they inspired five additional shelter projects to open as well.



Goal: Children are successful learners.

ARCHS

539 N. Grand Ave., 6TH Floor
St. Louis, MO 63103

(314) 534-0022

www.stlarchs.org

Management of MHB's public school after-school investments.

AWARD: \$540,000

Big Brothers Big Sisters of Eastern Missouri

501 N. Grand Ave., Suite 100
St. Louis, MO 63103

(314) 633-0042

www.bbbsemo.org

The ABC Education Initiative connects students at Columbia Elementary school in the St. Louis Public School district to mentors — assuring students attend school, behave while at school, and experience classroom success in reading and math.

AWARD: \$65,000

Children's Advocacy Services of Greater St. Louis

1 University Blvd.

St. Louis, MO 63121

(314) 516-7342

www.stlouiscac.org

The CBITS program provides early intervention for high school youth who experience stress and anxiety, supporting them to develop coping strategies to maintain behavioral health and achieve academic goals.

AWARD: \$86,342



Children's Day Care Association

4236 Lindell Blvd., Suite 300

St. Louis, MO 63108

(314) 531-1412

www.childcarestl.org

The Social Emotional Competency in Early Childhood program provides support for early childhood professionals who work with children at risk in order to reduce the number of children being expelled from child care due to problem behaviors.

AWARD: \$195,305

CHILDREN'S SERVICES FUND

Family Resource Center

3309 S. Kingshighway Blvd.

St. Louis, MO 63139

(314) 534-9350

www.frcmo.org

The Therapeutic Preschool Day Treatment supports children three to six years of age experiencing serious emotional disturbance and behavioral problems, to achieve stabilization within the home environment.

AWARD: \$199,332

Foster and Adoptive Care Coalition

111 N. 7TH Street, Suite 402

St. Louis, MO 63101

(314) 367-8373

www.foster-adopt.org

The Educational Advocacy Program supports youth in foster care to receive the educational placement, services and interventions to which they are entitled.

AWARD: \$77,215

Horizon North Housing, Inc.

5046 Page Blvd.

St. Louis, MO 63113

(314) 361-2622

The Youth Preparedness Program assists children, whose mothers have a developmental disability, to achieve academic success.

AWARD: \$60,074

Legal Services of Eastern Missouri

4232 Forest Park Ave.

St. Louis, MO 63108

(314) 256-8715

www.lsem.org

The Improving Educational Outcomes Program supports youth in residential placement to receive the educational placement, services and interventions to which they are entitled.

AWARD: \$69,000

Marian Middle School

4130 Wyoming Street

St. Louis, MO 63116

(314) 771-7674

www.mms-stl.org

The Graduate Support Program provides academic support MMS to graduates in their high school setting so that they stay in school and graduate.

The Recruitment Program increases enrollment at Marian Middle School, a Nativity School that serves economically disadvantaged adolescent girls so that they will be prepared to begin and complete high school.

AWARD: \$77,789

Neighborhood Houses

2828 Caroline
St. Louis, MO 63104
(314) 773-1107
www.neighborhoodhouses.org

The Early Childhood Education Enhancement Program provides children ages 6 weeks to 5 years from low income families with high quality early childhood care and education so that they begin school ready to learn.

AWARD: \$50,726

North Side Community Center, Inc.

3836 Natural Bridge Ave.
St. Louis, MO 63107
(314) 531-4161
www.northsidecommunitycenter.net

The DREAMS Program assists students at Beaumont High School who are at risk for dropping out to stay in school and graduate.

AWARD: \$197,215

Wesley House Association

4507 Lee Ave.
St. Louis, MO 63115
(314) 385-1000
www.wesleyhousestlouis.org

The Early Childhood Literacy project assists students in kindergarten through third grade to improve literacy skills so that they are reading at satisfactory or proficient levels.

AWARD: \$78,763



Goal: Youth develop character and life skills.

Almost Home, Inc.

3200 St. Vincent Ave.
St. Louis, MO 63104
(314) 771-4663
www.almosthomestl.org

The Life Skills Education Program serves homeless teenage mothers, ages 12-18 by providing shelter, assisting them to obtain and maintain stable housing, and supporting them to meet the basic needs of their child(ren).

AWARD: \$152,922

Big Brothers Big Sisters of Eastern Missouri

501 N. Grand Ave., Suite 100
St. Louis, MO 63103
(314) 633-0042
www.bbbsemo.org

The After School Mentoring Program helps students at Loyola Academy and Marian Middle school to build positive adult relationships and to stay alcohol, tobacco and drug free.

AWARD: \$88,800

Center for Survivors of Torture and War Trauma

1077 S. Newstead
St. Louis, MO 63110
(314) 533-4144
www.stlcenterforsurvivors.org

The Learning and Sharing Internship Project supports youth in high school and middle school to express and heal through the use of theatre, music, dance and movement.

AWARD: \$12,501



Covenant House Missouri

2727 N. Kingshighway Blvd.

St. Louis, MO 63113

(314) 450-7672

www.covenanthousemo.org

The Supportive Living Program provides temporary shelter and supportive services for homeless or disconnected youth, ages 16-18, so they can become positive, productive members of society.

AWARD: \$208,481

Discovering Options

909 Purdue

St. Louis, MO 63130

(314) 721-8116

www.discoveringoptions.org

Elementary PREP Program (Promoting Responsibility through Education and Preparation) supports behaviorally at-risk 4TH and 5TH grade students at selected schools to remain alcohol, tobacco and drug free.

AWARD: \$76,039

Employment Connection

2838 Market Street

St. Louis, MO 63103

(314) 333-5645

www.employmentstl.org

The Building Blocks Program supports youth, ages 15½-17, who are involved with the juvenile justice system to obtain and maintain a job.

AWARD: \$185,872

Epworth Children & Family Services

110 N. Elm Ave.

St. Louis, MO 63119

(314) 918-3342

www.epworth.org

The Character Development and Life Skills Training Program supports youth, ages 11-16, currently residing in the Epworth Residential Intensive Treatment Program to acquire the skills, resources and knowledge to move toward independent living.

AWARD: \$43,103



IMPACT St. Louis

4144 Lindell Blvd., Suite 220

St. Louis, MO 63108

(314) 367-7778

www.impactstl.org

The IMPACT Program provides youth development activities to children and adolescents, ages 8-18, who reside in blighted neighborhoods and who have limited to no access to community and social service programs.

AWARD: \$128,113

Serving the Children of Our Community | Discovering Options

“Mental Health Board funding has given us the opportunity to shepherd children toward positive mental health outcomes, and it is an honor and a privilege to serve the children of our community.”

– **Charmaine Smith** | executive director | Discovering Options

Funding Partner: State Department of Mental Health

Provider: Discovering Options

Program: Promoting Responsibility through Education and Preparation

Discovering Options Elementary PREP program (Promoting Responsibility through Education and Preparation) supports behaviorally at-risk 4TH and 5TH grade students at St. Louis City schools to remain alcohol, tobacco and drug-free. Using mentoring and evidence-based, substance abuse prevention programming, the program addresses the specific needs of at-risk youth in an after-school setting. The curriculum is a highly structured program designed to

target social skills, self-esteem, decision-making skills, teamwork, and conflict resolution. PREP students participate in LifeSkills Training, cultural cooking, yoga, conflict resolution, science, art, and literacy activities.

The Elementary PREP is modeled after the Middle School PREP. Missouri Institute of Mental Health (MIMH) evaluators assessed the effectiveness of the Middle School PREP in 2009 and found significant improvements in:

- Social Skills (self-confidence, cooperation, social competency)
- Problem behaviors (fighting, yelling, arguing, bullying, etc.).
- Impulsivity (sitting still, self-control, etc.)
- Mood (worried, withdrawn, and fearful)



Living Word Apostolic Church

5622 Delmar Blvd., Suite 108E

St. Louis, MO 63112

(314) 361-2371

www.friends-cap.org

“Friends with a Better Plan”

community action program targets youth ages 14-18, who are at severe risk of substance abuse and all its related consequences. The program provides substance abuse prevention, social skills, and behavioral skills training, with an interactive and science-based method utilizing best practices for that age group and culture.

AWARD: \$127,798

Loosen the Leash

6760 Dolan Place

St. Louis, MO 63139

(314) 323-2004

www.loosentheleash.org

The Loosen the Leash Program connects youth, ages 11-18 in detention or under close supervision, with stray dogs; rehabilitating both through bonding, learning and discipline.

AWARD: \$120,000

Lutheran Family & Children's Services

1001 Hickory Place

St. Louis, MO 63104

(314) 787-5100

www.lfcs.org

The STEP UP Program supports youth ages 8-12, living in LaSalle Park and Pillar Place apartment to use positive communication and interact in proactive and peaceful ways.

AWARD: \$56,876

North Grand**Neighborhood Services**

3636 N. Market Street

St. Louis, MO 63113

(314) 371-1190

www.angelbaked.org

The Angel Baked Cookies Program empowers teens in north St. Louis who experience systemic barriers to develop work and life skills. Teens have primary responsibility for managing all aspects of a not-for-profit baking company.

AWARD: \$51,425

Saints Teresa & Bridget Catholic Church

2401 N. Grand Ave.

St. Louis, MO 63113

(314) 371-1190

www.ststb.org

The Summer Enrichment Program supports youth in grades K-8 to develop character, enhance learning and experience recreational activities during the school-year summer break.

AWARD: \$24,896

Goal: At-risk and troubled youth are stabilized.

BJC Behavioral Health

1430 Olive Blvd., Suite 500
St. Louis, MO 63103
(314) 206-3716

www.bjcbehavioralhealth.org

The Fidelity Wraparound Program supports families with youth experiencing emotional disorders to reduce the occurrence of symptoms and to increase positive interactions and social engagement.

AWARD: \$47,388

Center for Survivors of Torture and War Trauma

1077 S. Newstead
St. Louis, MO 63110
(314) 533-4144

www.stlcenterforsurvivors.org

The Healing Retreats for Refugee Youth Program supports refugee youth who are experiencing stress and trauma to develop positive coping strategies, relaxation techniques, positive communication skills, and appropriate emotional expression.

AWARD: \$37,047

Family Resource Center

4411 N. Newstead
St. Louis, MO 63115
(314) 534-9350

www.frcmo.org

The St. Louis Volunteer Resource Parents Program supports expecting and parenting teens through mentor relationships to meet the basic needs of themselves and their child(ren).

AWARD: \$49,365

Kids in the Middle

222 West Monroe
St. Louis, MO 63122
(314) 909-9922

www.kidsinthemiddle.org

The School Outreach Counseling Program supports students in St. Louis Public Schools whose families are in transition to use age-appropriate coping skills and to maintain school performance.

AWARD: \$240,678



MERS Missouri Goodwill Industries

1727 Locust Street
St. Louis, MO 63103
(314) 436-3540
www.mersgoodwill.org

The Group Therapy and Mental Health Referral Program supports youth who are enrolled in the Juvenile Transitions Program to develop positive social and emotional skills that support their ability to get and keep a job.

AWARD: \$85,099

Our Little Haven

4316 Lindell Blvd.
St. Louis, MO 63108
(314) 533-2229
www.ourlittlehaven.org

The Therapeutic Care for Children Program supports children from birth to age 12 in achieving stability and demonstrating improvement in overall behavioral, social, academic and/or social functioning through participation in individual, family and group psychotherapy in conjunction with other supportive services.

AWARD: \$220,000

Places for People

4130 Lindell Blvd.
St. Louis, MO 63108
(314) 535-5600
www.placesforpeople.org

The Multi Systemic Therapy Program assists court involved adolescents improve school, home and community relationships.

AWARD: \$217,127

Queen of Peace

325 N. Newstead
St. Louis, MO 63108
(314) 531-0511
www.qopcstl.org

The Nurturing Networks Program supports children with mothers in substance abuse treatment to develop positive social and emotional skills.

AWARD: \$161,959

Voices for Children

920 N. Vandeventer
St. Louis, MO 63108
(314) 552-2358
www.voices-stl.org

The Healing and Prevention Program supports youth in foster care to obtain the services they need and to which they are entitled. These services assist them to develop the social, emotional, academic and life skills they need so that they can achieve a permanent home.

AWARD: \$178,908

The Mental Health Board awarded 23 youth mini-grants of \$500 each to 21 youth groups to promote youth leadership and positive youth interaction in the community. Eight groups were returning grantees from previous rounds and 13 were new, doubling the number of new groups.

The community service projects fell into the basic themes of anti-violence (bullying, child abuse, etc.); community gardening; and addressing the needs of the less fortunate.

A showcase was held at the end of the grant cycle to allow the groups to make a presentation to share their experience with the project.



Youth Mini-Grants

Initiatives & Partnerships

Current Initiatives

In addition to making direct investments and administering third party and Federal grants, the Mental Health Board utilizes two other strategies in Community Investments—Initiatives and Partnerships. Initiatives are projects in which MHB takes the lead to bring together key stakeholders to address a significant community issue in order to increase coordination, communication, and collaboration among the various participants.

Juvenile Justice Initiative— 22ND Judicial Circuit Family Court Juvenile Division— Family Sub-contracted Services and Psychological Services

Purpose: To ensure access to quality behavioral health services for youth involved with the Juvenile Court.

For more information contact:

Cathy Horejes
Chief Deputy Juvenile Officer
920 N. Vandeventer
St. Louis, MO 63108
(314) 552-2500
chorejes@courts.mo.gov

Public Administrator Liaison— Community Alternatives

Purpose: To sustain wards of the Public Administrator in the least restrictive setting suitable to their needs.

For more information contact:

Tony Hilkin
Public Administrator Liaison
3738 Chouteau Ave.
St. Louis, MO 63110
(314) 772-8801
thilkin@community-alternatives.org

Strategic Housing Initiative

Queen of Peace Center and Preferred Family Healthcare

“SLEFI (St. Louis Equity Fund, Inc.) has been committed to affordable housing in the St. Louis region for many years, and our partnership with the Mental Health Board is a natural extension of our mission. Clearly, there is a compelling need for housing for people with behavioral health issues. We are glad to be able to bring our expertise to the table, and work with our many partners to find solutions — investors, service providers, funders and others. The more perspectives we can gather — the better the outcomes for the people who need housing.”

– Colleen Kirby | asset manager | St. Louis Equity Fund

Funding Partner: St. Louis Equity Fund and *Partnership for Mental Health and Housing Transformation*

Provider: Queen of Peace Center and Preferred Family Healthcare

Housing for people with behavioral health disorders has historically been a challenge. It took a creative, strategic partnership between the St. Louis Equity Fund and The Partnership for Mental Health and Housing Transformation to make it a reality for St. Louis. With an allocation of \$1 million from the

Mental Health Board, and access to recently acquired publicly-subsidized properties from the St. Louis Equity Fund, properties were acquired and rehabbed to prepare them for new tenants, where people with behavioral disorders could live with support and with dignity.

In total, 18 new units of affordable housing were made available for persons with behavioral health disorders.

Queen of Peace Center, with 12 new housing units, is a comprehensive family-based behavioral health center

for women struggling with substance abuse and mental illness. The Nurturing Networks Program supports children with mothers in substance abuse treatment to develop positive social and emotional skills.

Preferred Family Healthcare, with six new housing units, is a comprehensive behavioral health non-profit organization providing substance abuse treatment/prevention and mental health services — offering a myriad of services designed to combat risk factors leading to homelessness.

Current Partnerships

Partnerships are business relationships in which two or more funding organizations invest in a joint project. Each partner exercises some control over the project services offered by contracted or affiliated agencies. Decisions about the proposed project are reached by joint planning and negotiation, and responsibilities of all parties are detailed in a written Memorandum of Understanding.

The Missouri Department of Mental Health, Division of Alcohol and Drug Abuse, has been the Mental Health Board's longest standing partner. ADA partners in the investment of Discovering Options Elementary PREP Program, Living Word Apostolic Church's Friends with a Better Plan Program and Preferred Family Healthcare Relapse Prevention Mentoring and the CSTAR Adolescent Treatment Programs.

Adolescent CSTAR Substance Abuse Treatment

Partner: Missouri Department of Mental Health, Division of Alcohol and Drug Abuse

Purpose: Preferred Family Healthcare provides an adolescent substance abuse treatment program for youth 12-17 years of age.

Aging Out of Foster Care

Partners: Deaconess Foundation, Lutheran Foundation, Incarnate Word Foundation, Daughters of Charity & Trio Foundations, Missouri Foundation for Health, Commerce Bank, and Express Scripts

Purpose: To support youth ages 18-21 who have aged out of the foster care system to successfully transition to positive, productive adulthood.

Bullying Prevention

Partners: Incarnate Word Foundation, Lutheran Foundation, Catholic and Lutheran Elementary Schools in St. Louis City

Purpose: To provide the Comprehensive Bullying Prevention Model, Peaceful Solutions, to 20 Catholic and Lutheran schools in the City of St. Louis.

Child Care

Partner: United Way of Greater St. Louis

Purpose: To ensure that children from low income working families in the City are cared for in a high quality child care program by providing partial scholarships toward child care for families that are not eligible for state child care subsidies.

Child Care Assistance for Newly Unemployed Workers

Partner: United Way of Greater St. Louis

Purpose: To make available continued childcare services for families that have been negatively affected by the current economy. This project supplements the United Way's Basic Needs Project by adding a childcare component to ensure that children's lives are not further disrupted by the necessity to move them from their high quality childcare program.

Faith-Based and Community-Based Youth Groups

Partner: Lutheran Foundation and Incarnate Word Foundation

Purpose: To invest in projects that promote positive youth development that increase the chances that youth are avoiding undesirable behaviors and their consequences. This was achieved by awarding mini-grants for youth driven community service activities.

Fostering Faithful Families

Partners: Daughters of Charity, Deaconess, Incarnate Word, Lutheran, Youthbridge, St. Louis Community Foundations, Manchester UMC, Catholic Charities

Purpose: To recruit prospective foster families within participating congregations.



INITIATIVES & PARTNERSHIPS

Improving Child Care Quality

Partner: United Way of Greater St. Louis

Purpose: To improve child care quality in 12 under-served, licensed child care programs that have at least a 25% enrollment of state pay children. One-on-one assistance is provided to the programs by a childcare specialist from CDCA.

Provider: CDCA

Mayor's Community Service Team with AmeriCorps

Partners: Mayor Slay's office and AmeriCorps St. Louis

Purpose: To support three AmeriCorps members to expand civic engagement and volunteerism to benefit children in the City of St. Louis.

Mental Health First Aid Training

Partner: Committed Caring Faith Communities

Purpose: To provide scholarships for clergy members to attend basic mental health training for non-professionals.

Mental Health Support Project

Partner: United Way of Greater St. Louis

Purpose: To assist in addressing the mental health needs of adults experiencing foreclosure, this project expanded a partnership with the St. Louis Alliance for Home Ownership by providing counseling and support services/referral.

Non-Public After School Programs

Partners: Incarnate Word Foundation, Lutheran Foundation, Pettus Foundation, Catholic and Lutheran Schools in St. Louis City

Purpose: To provide high quality after-school programs which are comprehensive and address the intellectual, physical, social and affective development of non-public school children.

Programs Achieving Quality Partnership

Partner: United Way of Greater St. Louis

Purpose: To improve quality in 12 underserved licensed child care programs that have at least a 25% enrollment of state pay children. One-on-one assistance is provided by a child care specialist from CDCA.

Staff Support for Mayor's Commission on Children, Youth and Families

Partners: St. Louis Health Funders Group

Purpose: Vision for Children at Risk provides staff support to the Mayor's Commission on Children, Youth and Families.

Urban Expressions Program Expansion

Partners: Most Holy Trinity Catholic School and Academy, Rebuild Foundation, Incarnate Word Foundation and Lutheran Foundation

Purpose: Elementary students participate in community building projects, local arts programming, and community service projects that support their vision for improvement in Hyde Park.



Providing service alone will not solve systemic issues our communities face. A new approach is needed: one which incorporates both critical services and strategies for systems change.

Collaborations for Systems Change

MHB has maintained a sharp focus on two issues which require both specialized services and strategies for systemic improvement. For years MHB has worked to form a collective approach to helping immigrants and refugees to St. Louis overcome the debilitating mental and physical conditions caused by displacement, relocation and all too often torture in their homeland. The Immigrant and Refugee Collaborative provide critical services to individuals from many cultures. Likewise, the new Partnership for Mental Health and Housing Transformation has begun a five year strategy to increase availability to supportive housing for persons with behavioral health disorders, while improving access to newer evidence-based services.



Immigrant and Refugee Collaborative

MHB convenes and funds, through both local revenues and a grant from the federal Office of Refugee Resettlement (ORR,) a community-based, integrated system of care for persons from a variety of cultures, which includes the following services:

- Outreach and enrollment
- Mental health counseling-individual and group for adults and children
- Services to Torture Survivors which include case management, citizenship tutoring, mental health counseling, psychiatry, asylum and citizenship-related legal services, connection to housing and medical/dental care, and supported employment

- Referral to other community resources
- Professional language interpretation and translation services.

Most services are only provided to City of St. Louis residents. However, services funded by the federal grant are offered to City and St. Louis County residents. The Mental Health Board is an Associate Member of the National Consortium of Torture Treatment Programs (NCTTP) and provides expertise to the National Capacity Building effort of the Center for Victims of Torture (CVT) in Minneapolis. MHB's program is nationally recognized for providing support for multiple agencies with a single integrated approach.

A quarterly Immigrant and Refugee Employment Working Group is convened for agency staff and consumers interested in supporting each other's efforts and increasing their knowledge and expertise to assist the foreign-born in obtaining and retaining employment.

The Collaborative provides training in cultural competency and opportunities for networking.

The Mental Health Board partners with St. Louis Community College at Meramec to provide training and certification for Mental Health Interpretation Classes.

The System of Care known as Care Access for New Americans (CANA)/Survivors includes several community partners as follows:

Bi-Lingual International Assistant Services

8390 Delmar Blvd., Suite 210
St. Louis, MO 63124
(314) 692-9010
www.bilingualstl.org

CANA/Survivors Services: Individual mental health counseling for adults, interpretation, translation, and citizenship tutoring

Center for Survivors of Torture and War Trauma

1077 S. Newstead
St. Louis, MO 63110
(314) 533-4114
www.stlcenterforsurvivors.org

CANA/Survivors Services: Individual and group mental health counseling for adults, families and children

Deafway

5240 Oakland Ave.
St. Louis, MO 63110
(314) 289-4294
www.deafway.net

CANA Services: Interpretation for deaf and hard of hearing clients

International Institute

3654 S. Grand Ave.
St. Louis, MO 63118
(314) 773-9090
www.iistl.org

CANA Services: Interpretation, translation and individual and group mental health counseling for adults



COLLABORATIONS

International Language Center

1416 S. Big Bend Blvd, Suite 100

St. Louis, MO 63117

(314) 646-1000

www.ilcworldwide.com

CANA Services: Interpretation for
Grebo-speaking clients

LAMP/Catholic Family Services

8050 Watson Road, Suite 340

St. Louis, MO 63119

(314) 842-0062

www.lampinterpreters.org

CANA Services: Interpretation
and translation and training

Places for People

3738 Chouteau Ave., Suite 200

St. Louis, MO 63110

(314) 772-8801

www.placesforpeople.org

CANA/Survivors Services:

Outreach and engagement,
case management, supported
employment, asylum and
citizenship related legal services,
psychiatry, and referral to
community resources.



St. Louis Partnership for Mental Health and Housing Transformation

ST. LOUIS RECEIVED A FIVE-YEAR, \$3.6 MILLION FEDERAL GRANT FROM SAMHSA (SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION) to transform service delivery and housing for people living with serious mental health illness and/or a substance use disorder who are homeless or at-risk for homelessness. The project is under the direction of the St. Louis Mental Health Board and consists of partner agencies which provide services, research and evaluation, training and consultation, and advocacy. The project is guided by a Project Steering Committee and Services Implementation Plan Committee consisting of consumers of services, family members, service

provider staff, and other stakeholders. Strategic Housing Planning is being undertaken through the convened Housing Funders Group and the Housing Development Working Group and other key persons with consultation from the Corporation for Supportive Housing.

Consumer involvement is a hallmark of this initiative and consumers are involved at every level where appropriate. Consumers are serving on the Project Steering Committee, Services Implementation Plan Committee, Employment Working Group, Housing Development Working Group, Evaluation Committee, and

Trauma Informed Care Committees within each provider agency. Consumer leaders are also attending the SAMHSA National Summit and Consumer Leadership Training. The consumer motto of “nothing for us without us” is being taken to heart and the consumer involvement adds a dimension of accountability and synergy to the work.

COLLABORATIONS

Free individualized and confidential services for persons living/staying within the City of St. Louis are as follows:

- Counseling and psychotherapy
- Needs assessment including health screenings and care
- Psychiatric services
- Co-occurring substance abuse treatment
- Information and referral to community resources
- Employment and housing supports
- Treatment for trauma
- Priority is given to persons with no insurance
- Advocacy at the client and systems level is also a key element of the program
- Connection to one or more evidence-based programs designed to help persons achieve healthy and satisfying lives

Partner Agencies are as follows:

City of St. Louis

Homeless Services Division

1520 Market Street, Room 4065

St. Louis, MO 63103

(314) 657-5933

<http://stlouis-mo.gov/government/departments/human-services/homeless-services/>

Services: Coordinates and manages contracts for Continuum of Care

Community Connections, Inc.

801 Pennsylvania Ave., SE, Suite 201

Washington, DC 20003

(202) 546-1512

www.communityconnectionsdc.org

Services: Training and consultation for Trauma- Informed Care and trauma specific services — TREM and M-TREM

Dartmouth Psychiatric Research Center

Rivermill Commercial Center

85 Mechanic Street, Suite B4-1

Lebanon, NH 03766

(603) 448-0263

<http://prc.dartmouth.edu>

Services: Training and consultation on Individual Placement and Support (IPS)- Supported Employment

Missouri Institute of Mental Health

5400 Arsenal

St. Louis, MO 63139

(314) 877-6432

www.mimh.edu

Services: Evaluation and research on client and system changes, confidential intake, six month, and discharge interviews with clients, and fidelity reviews



NAMI—St. Louis

1750 S. Brentwood, Suite 511

St. Louis, MO 63144

(314) 962-4670

www.namistl.org

Services: Advocacy, particularly in housing and employment for persons living with mental illness

Places for People

3738 Choteau Ave.

St. Louis, MO 63110

(314) 772-8801

www.placesforpeople.org

Services: Outreach and referral, housing support, psychiatry, Assertive Community Treatment (ACT), Critical Time Intervention, Trauma specific groups — TREM and MTREM, Supported Employment (Individual Placement and Support), Illness Management and Recovery and Trauma-informed care

Queen of Peace Center

325 N. Newstead

St. Louis, MO 63108

(314) 531-0511

www.qopcstl.org

Services: Trauma specific services for women and their families — TREM groups and trauma — informed care

St. Patrick Center

800 N. Tucker Blvd.

St. Louis, MO 63101

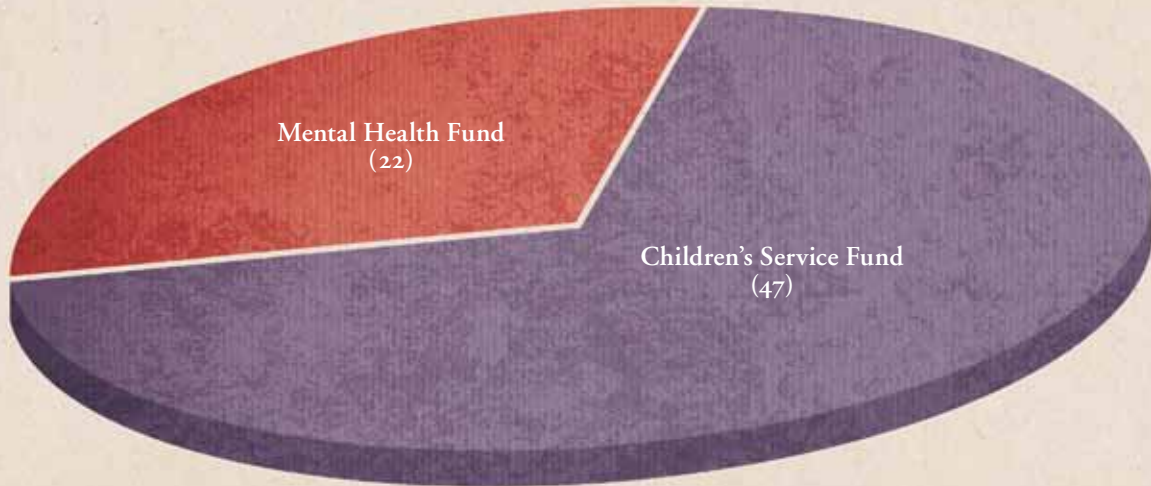
(314) 802-1951

www.stpatrickcenter.org

Services: Assertive Community Treatment (ACT), trauma-informed care and trauma specific treatment — TREM and MTREM groups

Financial Data

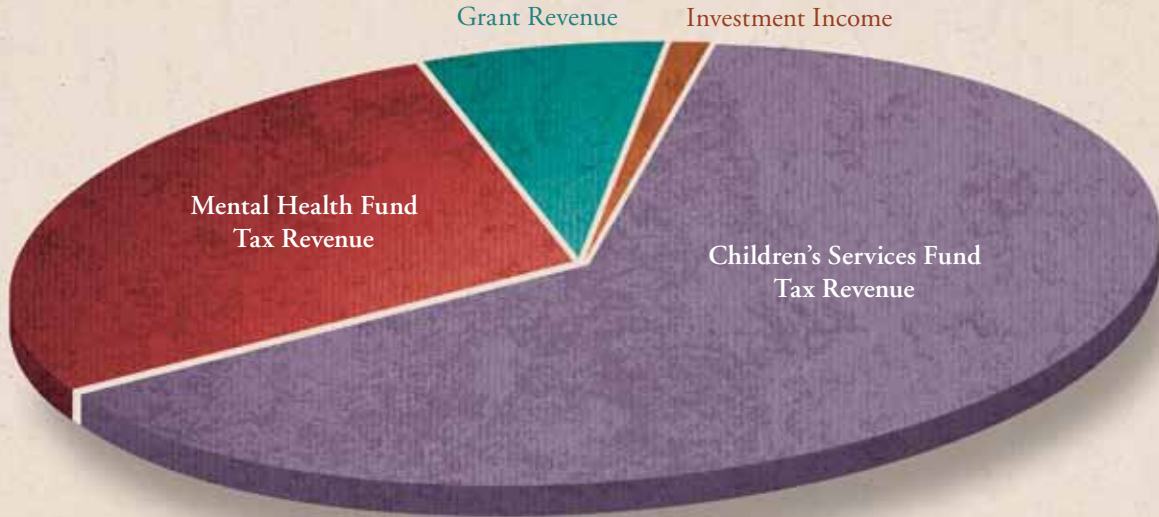
FY10-11 Grants



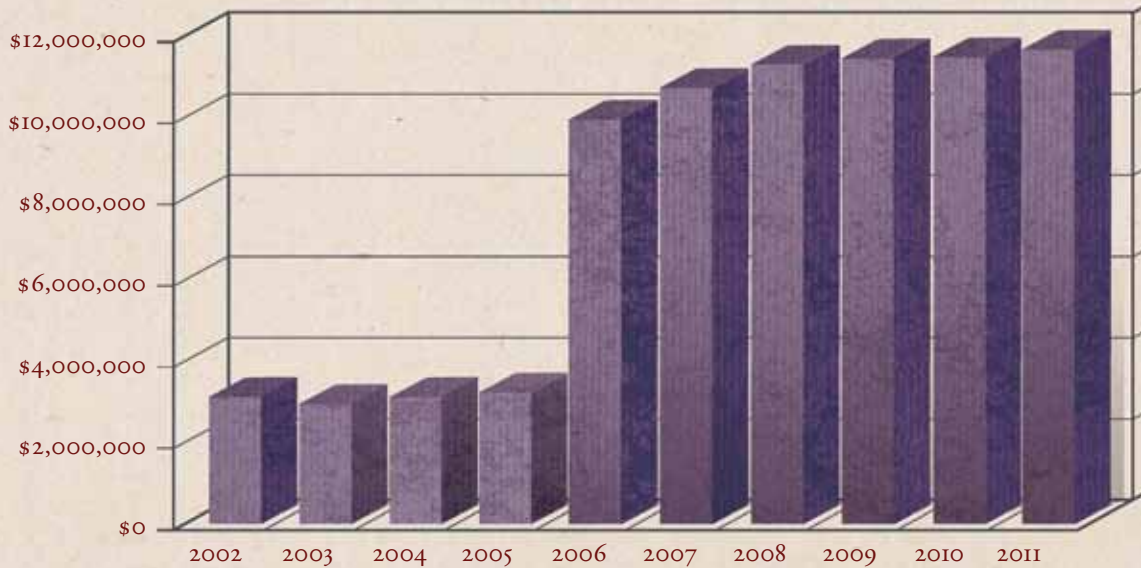
Current FY Grants Total Number: 69

Children's Service Fund: (68%) | Mental Health Fund: (32%)

FY11 Revenue by Source

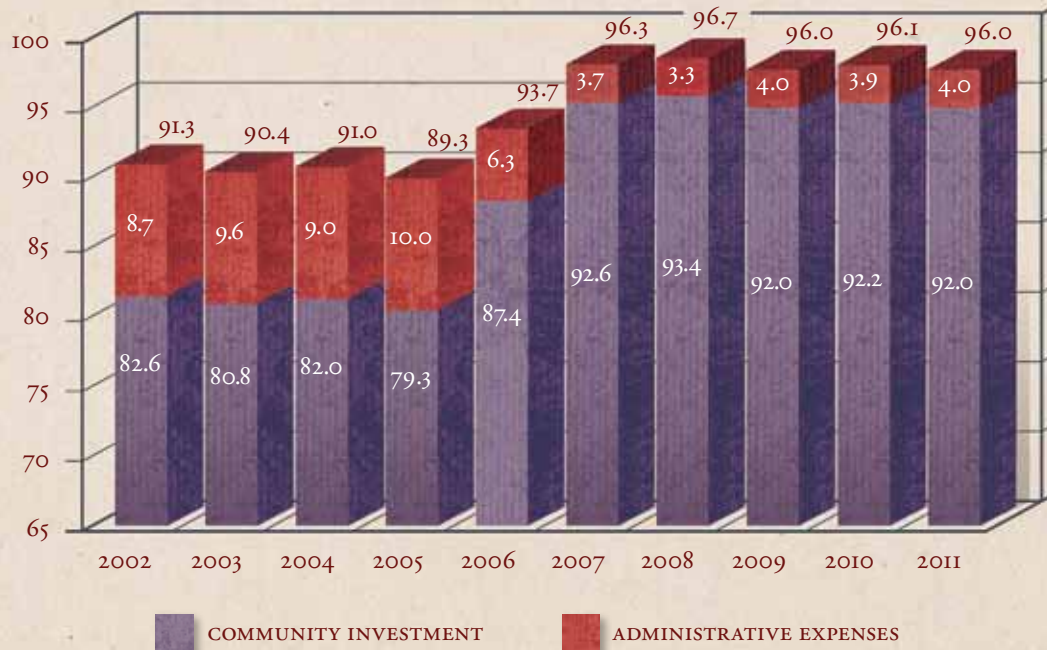


Local Tax Revenue



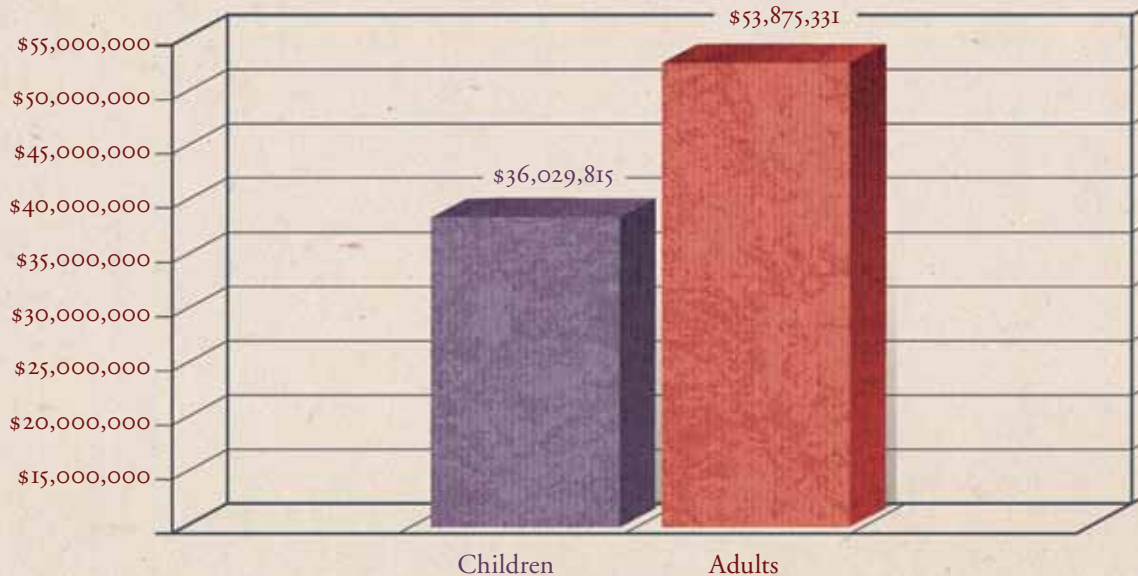
Community Investments & Administrative Expenses

(in percentages)



Cumulative Investments 1995-2011

(Children vs. Adults)



Trustees

Phillip Minden

BOARD PRESIDENT

Fannie Mae Corporation—
Senior Deputy Director
Forest Park Southeast Neighborhood



Stephen Doss

BOARD VICE PRESIDENT

S.J. Associates—President
St. Louis Hills Neighborhood



Nina North Murphy, LCSW

BOARD SECRETARY-TREASURER

Tower Grove East Neighborhood



Leon Ashford, PH.D.

Washington University—Retired
Kingsway Neighborhood



Marylou Calzaretta, ESQ.

Esse Health—Corporate Counsel
Holly Hills Neighborhood



Edwin Dodson, M.D.

Washington University
School of Medicine
Associate Vice Chancellor
and Associate Dean
Central West End Neighborhood



Robert Franken

Strataventure, LLC—Managing Director
DeBalliviere Place



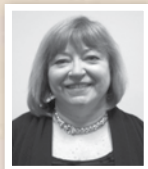
Marguerite Grandelious

Buder Elementary School—Counselor
Central West End Neighborhood

TRUSTEES

Linda Grayson

May Company—Retired
Central West End Neighborhood



Ruby Jones

Advocate and Independent
Consultant for health initiatives
for children and youth
West End Neighborhood



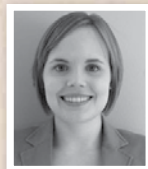
Caroline Korybut

Voices for Children—Volunteer
St. Louis Integrated Health Network
Central West End



Allison Weaver

St. Louis Regional Health Commission
—Strategic Planning Director
Lafayette Square Neighborhood



Roy Wilson, M.D.

St. Louis Psychiatric Rehabilitation
Center—Medical Director
Downtown Neighborhood



Staff

STAFF

Don Cuvo

Executive Director



Sue Culli

Project Coordinator



Alice Draper

Office Manager



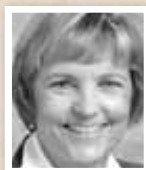
Celestina Zavala

Secretary



Jan Ashbrook

Senior Project Director



Carter H. Whitson

Project Director



Marnée Morgan

Project Director



Allyce Bullock

Project Director



Contact Information

St. Louis Mental Health Board

4144 Lindell Blvd.

Suite 300

St. Louis, MO 63108

PHONE: (314) 535-6964

FAX: (314) 535-6584

E-MAIL: stlmhb@stlmhb.com

WEB: www.stlmhb.com

