

# Accelerating Impact. Together.

FY2014 Report to the Community  
July 1, 2013–June 30, 2014



Saint Louis Mental Health Board



(top) NINA NORTH MURPHY, LCSW  
CHAIR, BOARD OF TRUSTEES

(bottom) JAMA DODSON  
EXECUTIVE DIRECTOR

### Dear Friends,

Since 1994, MHB has been on a journey to strengthen the City of St. Louis by improving the mental health of its residents. Our role has been to invest in measurable and effective programs that improve conditions and address the needs of our most vulnerable—children, youth, as well as adults with serious mental health conditions.

Over the past 20 years, MHB has:

- Invested over \$133 million in the behavioral health of our City's most vulnerable residents;
- Supported high quality projects at more than 150 partner organizations; and
- Improved the lives of thousands of City residents who received critical services.

Our work is just beginning. In concert with our partners and stakeholders, we are participating in collaborations and/or collective impact initiatives aimed at reducing the rate of severe emotional disorders and youth violence, as well as increasing the number of youth that graduate from high school, and are ready for college or careers.

As a community, we face significant hurdles—but each year we are gaining more knowledge about how to best meet the needs of our dynamic City, as we work together with our partner organizations to meet these challenges.

In FY 2014 we mobilized around our three strategic goals:

**I. Maintaining exemplary stewardship of public funds.** MHB converted to a new web-based grants management system for fast, accurate and complete information on individual grants as well as aggregate analyses—making our grantmaking process more outcome focused and user-friendly.

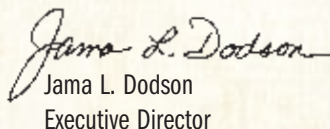
**II. Strengthening a coordinated system of high quality behavioral health services.** MHB's

Community Children's Services Fund introduced a new evidence-based funding framework aligned with the *Ready by 21 St. Louis* collective impact initiative. Grant applicants were required to select from a common set of outcomes—further reinforcing alignment. MHB also led a group of public and not-for-profit agencies in securing a federal planning grant to develop a regional "System of Care" for high-need youth.

**III. Working creatively with partners and stakeholders.** When we share information and solve problems together, we create a stronger community. MHB participated in at least 15 ongoing collaborations and/or collective impact initiatives such as *Ready by 21 St. Louis*, *System of Care*, *Regional Early Childcare Coalition*, *Alive and Well*, *Resiliency Coalition* and the *Mayor's Commission on Children, Youth and Families*. These groups provide a platform for information sharing and advocacy about behavioral health issues, as well as new partnerships in response to emerging needs.

We believe that strong, healthy people are critical to a robust, vibrant community. We also believe in the power of collective action when diverse groups work toward common goals. As we look toward the next 20 years, we are excited about the prospect of working together with our partners—making our City all that it can be for the people who call St. Louis home and accelerating impact together.

  
Nina North Murphy  
Board Chair

  
Jama L. Dodson  
Executive Director



# About Saint Louis Mental Health Board



**The Saint Louis Mental Health Board (MHB)** is responsible for ensuring that the most vulnerable residents in the City of St. Louis receive the behavioral health care they need. Established in 1994, MHB is an independent taxing authority administering two special property taxes approved by the voters to be used for behavioral health services:

- **The Community Mental Health Fund** – is focused on the needs of City residents with serious behavioral health conditions. This fund primarily targets adults age 19 and older.
- **The Community Children's Services Fund** – is focused on a continuum of behavioral health services – from prevention to treatment – for City children and youth, birth through age 18.

MHB also actively seeks opportunities to leverage its funds with other sources and currently manages two federal grants that address:

- mental health and housing needs of homeless people
- support and care access for refugees and other foreign-born people

Another major goal is to work with non-profits, funders and community partners to create a more aligned system of services and supports that will achieve measurable impact on critical community level markers of well-being and quality of life. One such initiative is *Ready by 21 St. Louis*, a partnership of many community stakeholders centered upon improving the behavioral and physical health of children and youth and their successful transition to adulthood.

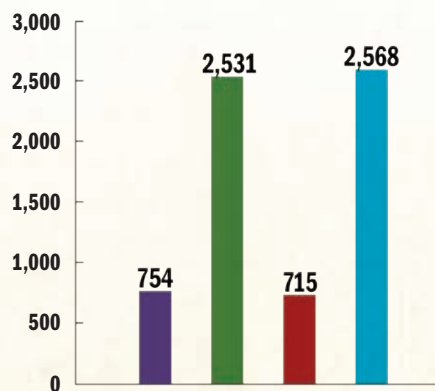
MHB does not provide services directly, but by investing in effective, not-for-profit service providers, MHB makes more high quality services available to the people of St. Louis.

# Community Children's Services Fund

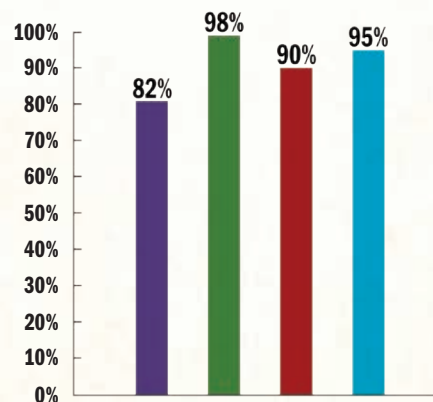


With the goal of improving the well-being of St. Louis City children, the Community Children's Services Fund awards grants to leading community programs serving the City's most vulnerable children. As stewards of tax dollars, the Saint Louis Mental Health Board administers these grants as part of a highly competitive process. Our job is to ensure that this money is invested wisely, and all programs are making a significant impact in the lives of the children in our community. The Community Children's Services Fund focuses on the following impact areas:

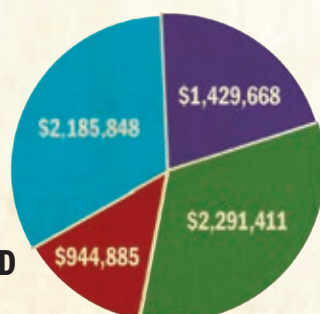
- 1) **Parents** provide safe and nurturing environments for their children.
- 2) Children and youth are **successful learners**.
- 3) Children and youth have healthy **life skills**.
- 4) **At-risk** and troubled children and youth are stabilized.



**CONSUMERS SERVED**  
Total: 6,568



**PERCENT OF PROJECTS ACHIEVING GOALS**



**DOLLARS INVESTED**  
Total: \$6,851,812

#### IMPACT AREAS:

- Parenting
- Successful Learners
- Life Skills
- At-Risk Youth

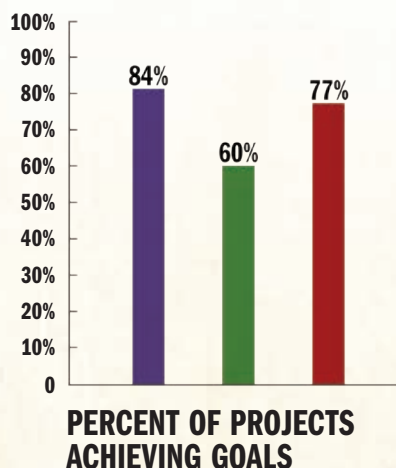
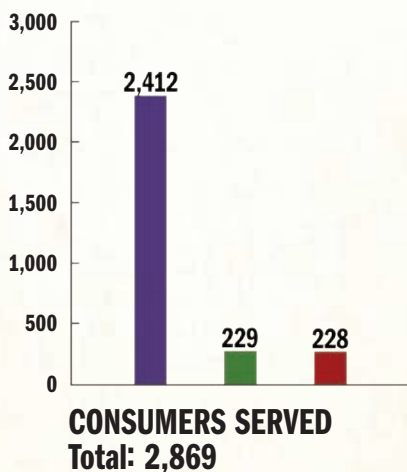




# Community Mental Health Fund

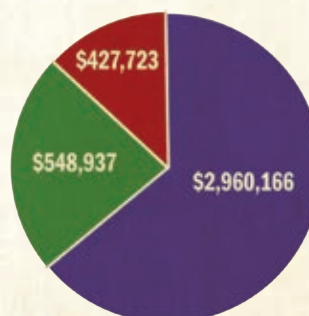
Through the Community Mental Health Fund, the Saint Louis Mental Health Board invests in evidence-based services for adults dealing with behavioral health disorders, including substance abuse. We award grants to organizations that can show measurable outcomes that improve the conditions and the quality of life of those served. As with all of the public funds entrusted to us, we strive to invest in high-impact partnerships and collaborations that, over time, will create meaningful and lasting change at the community level. The Community Mental Health Fund addresses the following impact areas:

- 1) Individuals with serious behavioral health disorders achieve and **sustain progress toward recovery**.
- 2) Individuals with serious behavioral health disorders who require frequent interventions across service systems manage their conditions to **avoid relapse**, or emergencies.
- 3) Individuals with serious behavioral health disorders and other chronic conditions manage their overall **health across their lifespan**.



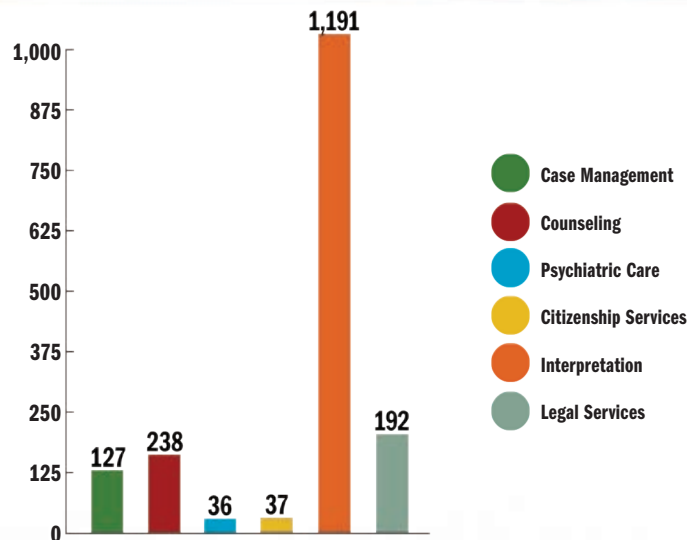
**IMPACT AREAS:**

-  Sustain Recovery
-  Avoid Relapse
-  Lifetime of Health

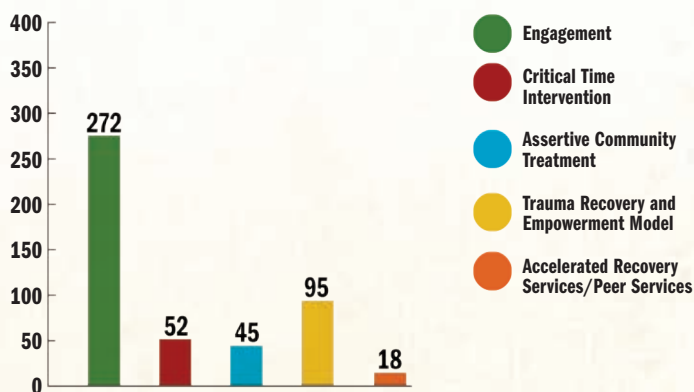


**DOLLARS INVESTED**  
Total: \$3,936,825

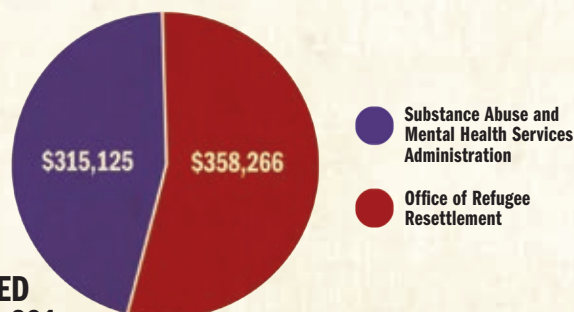
# Federal Operating Grants



**OFFICE OF REFUGEE RESETTLEMENT/CARE ACCESS FOR NEW AMERICANS – TOTAL CONSUMERS SERVED: 617**



**SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION – TOTAL CONSUMERS SERVED: 358**



**DOLLARS INVESTED**  
Investment: \$673,391

## **U.S. Department of Health and Human Services (HHS), Office of Refugee Resettlement (Survivors Partnership) and Care Access for New Americans (CANA)**

Over the past 13 years, Saint Louis Mental Health Board has developed and led the Survivors Partnership in concert with CANA which together have formed a holistic system of mental health, legal and related supports for a large and culturally diverse population of new immigrants, refugees and asylum seekers, drawn from the estimated 10,000 survivors of state-sponsored torture who have found a home in the St. Louis area. Blending local and federal HHS, Office of Refugee Resettlement funds, the Survivors Partnership has adapted evidence-based programs such as Motivational Interviewing to meet the unique needs of the survivor population. Service partners include: Places for People, Bi-Lingual International Assistant Services, Center for Survivors of Torture and War Trauma, International Institute, Catholic Family Services, and CIC Consulting.

## **U.S. Department of HHS, Substance Abuse and Mental Health Services Administration (The Transformation Partnership)**

The Transformation Partnership was established to make behavioral health services more responsive and housing more accessible to people with severe behavioral health disorders. Saint Louis Mental Health Board has also created strategic partnerships that led to the integration of seven evidence-based programs into the local mental health service delivery system. The Transformation Partnership leads the country in offering the most evidence-based programs of any other partnership funded by this federal program. This has contributed to better outcomes for program participants. The partnership includes: Places for People, Queen of Peace Center, NAMI St. Louis, and UMSL-Missouri Institute of Mental Health.

# Financials FY14 (July 1, 2013–June 30, 2014)

## CONDENSED STATEMENT OF NET POSITION

### ASSETS

Cash and Investments	\$ 22,246,317
Receivables	1,225,305
Other	83,599
<b>Total Assets</b>	<b>\$ 23,555,221</b>

### LIABILITIES AND NET POSITION

Accounts and Grants Payable	159,106
Net Position	
Appropriated, Designated, and Reserved	18,199,470
Unreserved, Undesignated	5,196,645
Total Net Position	23,396,115
<b>Total Liabilities and Net Position</b>	<b>\$ 23,555,221</b>

## CONDENSED STATEMENT OF REVENUES, EXPENSES, AND CHANGES IN NET POSITION

### OPERATING REVENUES

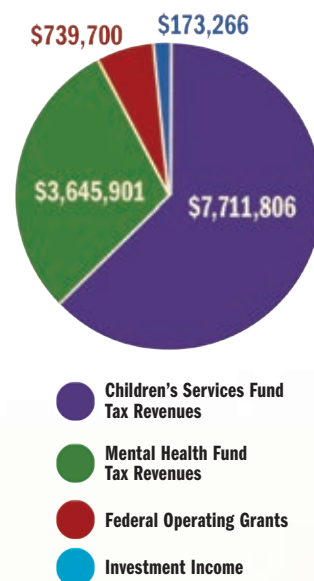
Children's Services Fund Tax Revenues	\$ 7,711,806
Mental Health Fund Tax Revenues	3,645,901
Federal Operating Grants	739,700
Investment Income	173,266
<b>Total Operating Revenues</b>	<b>\$ 12,270,673</b>

### OPERATING EXPENSES

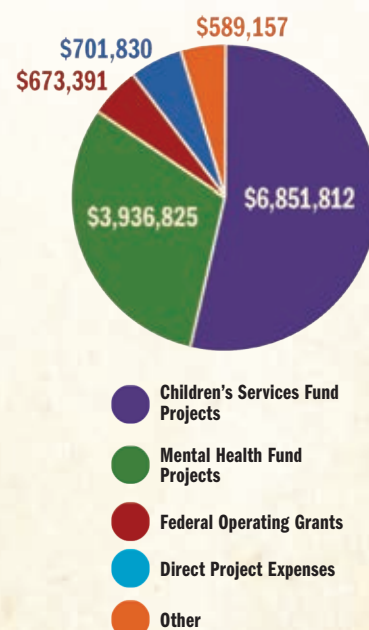
Children's Services Fund Projects	6,851,812
Mental Health Fund Projects	3,936,825
Federal Operating Grants	673,391
Direct Project Expenses	701,830
Other	589,157
<b>Total Operating Expenses</b>	<b>\$ 12,753,015</b>

Excess of Expenses over Revenues	(482,342)
Net Position, Beginning of Year	23,878,457
Net Position, End of Year	\$ 23,396,115

## REVENUE BY SOURCE



## EXPENDITURES





# Who We Fund

## Community Children's Services Fund

### Impact Area 1:

PARENTS PROVIDE SAFE AND NURTURING ENVIRONMENTS FOR THEIR CHILDREN

#### **Children's Advocacy Services of Greater St. Louis**

*TASK for Caregivers—Trauma Assessment, Skills & Knowledge*

#### **Epworth Children & Family Services**

*Family Support Network Program*

#### **Family Resource Center**

*St. Louis Volunteer Resource Parents*

#### **Fathers' Support Center, St. Louis**

*Family Formation  
Youth Male Involvement Project*

#### **Foster and Adoptive Care Coalition**

*30 Days to Family*

#### **Great Circle**

*Fostering Futures*

#### **Neighborhood Houses**

*Caroline Mission Family Support Program*

#### **Places for People, Inc.**

*The Incredible Years*

#### **Redevelopment Opportunities for Women**

*Family Strengths Program*

#### **Saint Louis Crisis Nursery**

*Family Empowerment Program: Crisis Reduction Project*

#### **Wesley House Association**

*Parents Helping Parents*

### Impact Area 2:

CHILDREN AND YOUTH ARE SUCCESSFUL LEARNERS

#### **Area Resources for Community and Human Services**

*After School for All Partnership*

#### **Big Brothers Big Sisters of Eastern Missouri**

*ABC Today!*

#### **Children's Advocacy Services of Greater St. Louis**

*CBITS—Cognitive Behavioral Intervention for Trauma in Schools*

#### **Foster and Adoptive Care Coalition**

*Educational Advocate for Foster/Adopted Children*

#### **Legal Services of Eastern Missouri**

*Improving Educational Outcomes for Children*

#### **Marian Middle School**

*College Readiness Program*

#### **Missouri Institute of Mental Health (MIMH)**

*Mental Health First Aid Train-the-Trainer (Youth)*

#### **Northside Youth And Senior Service Center, Inc.**

*DREAMS Program at Northwest Academy of Law  
DREAMS Program at Sumner and Stevens*

#### **Saints Teresa and Bridget Church**

*Summer Enrichment Program*

#### **SouthSide Early Childhood Center**

*Bright Futures Developmental Skills Program*

#### **United 4 Children**

*Conscious Discipline Training for ASAP after school providers  
Non-Public After School Partnership  
Social Emotional Competency*

#### **United Way of Greater St. Louis, Inc.**

*Child Care Scholarships  
Forum for Youth Investment—Ready by 21  
Collective Impact Feasibility Study  
Programs Achieving Quality  
St. Louis Regional Early Childhood Council*

#### **Vision for Children at Risk**

*Support for Mayor's Commission on Children, Youth & Families*

#### **Wesley House Association**

*Childhood Literacy Program*





*(Community Children's Services Fund continued)*

### **Impact Area 3:**

**CHILDREN AND YOUTH HAVE HEALTHY LIFE SKILLS**

#### **CHARACTERplus**

*Bully Prevention, the CHARACTERplus Way*

#### **Covenant House of Missouri**

*Supportive Living Program*

#### **Epworth Children & Family Services**

*Character Development and Life Skills Training*

#### **Incarnate Word Foundation**

*Summer Youth Employment Project*

#### **Lutheran Family and Children's Services**

*STEP Up (Strengthen, Teach, Empower, Prepare)*

#### **North Grand Neighborhood Services**

*Angel Baked*

#### **Safe Connections**

*Teen Dating Violence Prevention Education Program*

#### **St. Louis ArtWorks**

*St. Louis ArtWorks*

#### **St. Louis Internship Program**

*Community Internships*

### **Impact Area 4:**

**AT-RISK AND TROUBLED CHILDREN AND YOUTH ARE STABILIZED**

#### **22nd Judicial Circuit Court of Missouri,**

**Family Court – Juvenile Division**

*Family Subcontracted Services*

*Psychological Services Unit*

#### **Amanda Luckett Murphy Hopewell Center**

*Creative Expressions*

#### **Children's Advocacy Services of Greater St. Louis**

*Healthy Kids Connection Project*

*Trauma-Informed System of Care –*

*Therapy & Psychiatric Services*

#### **Children's Home Society of Missouri**

*Education and Counseling Services*

#### **College Bound**

*Mental health intervention for troubled HS students*

#### **Epworth Children & Family Services**

*Aging Out Project*

#### **Family Resource Center**

*St. Louis City Child Abuse Prevention and*

*Treatment Project*

#### **Foster and Adoptive Care Coalition**

*Family Works*

#### **Kids in The Middle**

*School Outreach Counseling Program*

#### **Metro St. Louis Equal Housing Opportunity Commission**

*Lead Safe America Foundation*

*(City of St. Louis Department of Health)*

#### **Missouri Department of Mental Health**

*Adolescent C-STAR*

#### **One Hope United**

*Functional Family Therapy*

#### **Our Little Haven**

*Keystone Outpatient Mental Health Services*

#### **Places for People, Inc.**

*Multisystemic Therapy*

#### **The SPOT**

*AWARE Initiative*

*Trauma Informed Care*

#### **United Way of Greater St. Louis, Inc.**

*Regional Heroin Response*

#### **Voices for Children**

*Healing and Prevention for Foster Youth*



# Who We Fund

## Community Mental Health Fund

### **Impact Area 1:**

INDIVIDUALS WITH SERIOUS BEHAVIORAL  
HEALTH DISORDERS ACHIEVE AND SUSTAIN  
PROGRESS TOWARD RECOVERY

#### **Bi-Lingual International Assistant Services**

Care Access for New Americans  
The Partnership Paradigm for  
St. Louis Survivors of Torture

#### **Bridgeway Behavioral Health**

Recovery Enhancement

#### **Catholic Family Services**

Care Access for New Americans

#### **Center for Survivors of Torture and War Trauma**

Care Access for New Americans  
The Partnership Paradigm for  
St. Louis Survivors of Torture

#### **Employment Connection**

Back to Health, Back to Work

#### **Family Care Health Centers**

IMPACT Recovery

#### **Independence Center**

Working Toward Recovery

#### **International Institute of St. Louis**

Care Access for New Americans

#### **Legal Services of Eastern Missouri**

Legal Interventions to Promote and Sustain Recovery

#### **Maternal, Child and Family Health Coalition**

Improving Mental Health of Pregnant and  
Postpartum Women Initiative

#### **Missouri Department of Mental Health**

St. Louis Partnership for Mental Health  
and Housing Transformation Medicaid Match



#### **National Alliance on Mental Illness (NAMI)**

St. Louis Partnership for Mental Health  
and Housing Transformation

#### **Places for People, Inc.**

Care Access for New Americans  
Public Administrator Liaison  
Rapid Transition to Recovery  
St. Louis Partnership for Mental Health  
and Housing Transformation  
Supporting Recovery Opportunities  
The Partnership Paradigm for  
St. Louis Survivors of Torture

#### **Preferred Family Healthcare**

IMPACT Recovery

#### **Queen of Peace Center**

St. Louis Partnership for Mental Health  
and Housing Transformation  
IMPACT Recovery

#### **Safe Connections**

Therapy for Victims of Relationship and Sexual Violence

#### **The Salvation Army—Midland Division**

Integrated Team Approach to Mental Health Services





(Community Mental Health Fund continued)

**Impact Area 2:**

INDIVIDUALS WITH SERIOUS BEHAVIORAL  
HEALTH DISORDERS WHO REQUIRE FREQUENT  
INTERVENTIONS ACROSS SERVICE SYSTEMS  
MANAGE THEIR CONDITIONS TO AVOID RELAPSE  
OR EMERGENCIES

**City of St. Louis, Department of Human Services**

*St. Louis City Jail Diversion Project*

**Covenant House of Missouri**

*Clinical Services*

**Preferred Family Healthcare**

*Relapse Prevention Mentoring Plus*

**United Way of Greater St. Louis, Inc.**

*Regional Heroin Response*

**Impact Area 3:**

INDIVIDUALS WITH SERIOUS BEHAVIORAL  
HEALTH DISORDERS AND OTHER CHRONIC  
CONDITIONS MANAGE THEIR OVERALL  
HEALTH ACROSS THEIR LIFESPAN

**Bi-Lingual International Assistant Services**

*Steps to Better Health*

**Family Care Health Centers**

*Recovery Support Project*



# Youth Mini-Grants

**Basic's Best**

*Project: Beauty All Around Us*

**Covenant House Missouri's Youth Advisory Council**

*Project: Motherly Love*

**Fathers' Support Center, St. Louis**

*Project: Future Leaders of the World (FLOW) –  
Musically Stopping Violence*

**HopeBUILD**

*Project: Berry Garden*

**Marian Middle School**

*Project: Anti-Bullying Campaign  
Project: Helping the Homeless*

**Pathway Leadership Academy**

*Project: Teens and Social Networking*

**Shaw Neighborhood**

*Project: A Little More Warmth*

**South Broadway Art Project**

*Project: Stray Animal Rescue Mission*

*Project: Pots & Plants for the Elderly*

**St. Louis Youth Advisory Board**

*Project: Serving Hope*

**Stray Dog Theatre**

*Project: Stray Pups Youth Theater –*

*An Afternoon in Oz*

*Project: Arts in Mind (A.I.M.) – Kids Care*

**Youth Council for Positive Development**

*Project: Love a Book*

# Improving the lives of our City's most vulnerable children and adults

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TRUSTEES AND STAFF LISTED ABOVE ACTIVELY SERVED ALL OR PART OF THE 2014 FISCAL YEAR



Saint Louis Mental Health Board