BEGINNING A LEGINNING A LEGINN

Saint Louis Mental Health Board

INVESTING IN PROGRAMS THAT WORK

GUIDING OUR NEXT STEPS





(top) PHILIP MINDEN CHAIR, BOARD OF TRUSTEES

(bottom) JAMA DODSON EXECUTIVE DIRECTOR Dear Friends,

FY 2012 saw the beginning of a new chapter in the history of the St. Louis Mental Health Board marked by a number of significant milestones:

- Founding executive director, Don Cuvo, retired after 18 years with MHB.
- Jama Dodson joined the MHB team as the new executive director in January 2012.
- MHB's aggregate community investments since inception topped \$100 million.
- MHB authorized \$1 million to fund development of permanent, supportive housing units for people with serious behavioral health disorders.
- The MHB website was completely redesigned to be more user friendly and informative.
- New funder partnerships emerged to address issues such as youth violence, increased heroin fatalities and youth unemployment.

As we turn the page on this new chapter in our history, we will focus on improving behavioral health outcomes for City residents by strengthening our leadership role in outcome-based investment with an emphasis on high-impact partnerships. To do this, MHB will focus on the following success factors:

- 1. Sound financial planning and stewardship
- 2. Investment in high-performing service providers
- 3. Effective policy and governance structure
- 4. Highly competent MHB staff focused on teaching and learning
- 5. Public awareness built on transparency and commitment to the mission of MHB
- 6. Trustworthy partnerships and creative problem-solving

We want to thank all the members of MHB's board and staff as well as the other members of the philanthropic community with whom MHB partnered this past year. We also want to offer special appreciation to the more than 140 projects funded by MHB in FY 2012 that provided direct services to children and adults in need. It is only through their efforts and successes that community-wide changes are made. Finally, we are grateful to the citizens of the City of St. Louis who saw the needs of the most vulnerable among us and voted to establish the Community Mental Health and Children's Services Funds.

We hope you find our annual report informative and look forward to the year ahead as we continue our efforts to make St. Louis a stronger, healthier city...together!

Sincerely.

Philip Minden

Chair, Board of Trustees

′ Jama L. Dodsor

Executive Director

Jama L. Dodson

SNAPSHOT

COMMUNITY CHILDREN'S SERVICE FUND

Impact Area 1: Parents will provide safe and nurturing environments for their children.

Impact Area 2: Children and youth are successful learners.

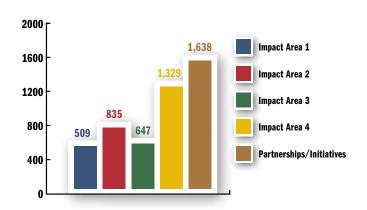
Impact Area 3: Children and youth have skills to make healthy life choices.

Impact Area 4: At-risk and troubled youth are stabilized.



CONSUMERS SERVED

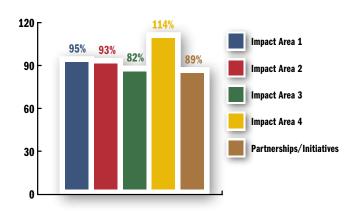
The total number of consumers served by funded projects in each impact area





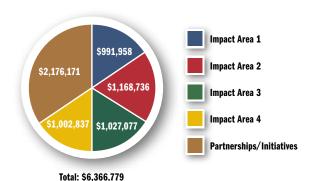
RESULTS ACHIEVED

Actual results accomplished as a percent of those originally proposed



DOLLARS INVESTED

St. Louis Mental Health Board funds invested in each impact area

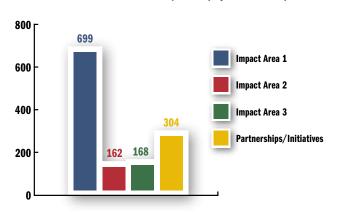


COMMUNITY MENTAL HEALTH FUND

- **Impact Area 1:** Individuals with serious behavioral health disorders achieve and sustain their progress toward recovery.
- **Impact Area 2:** Individuals with serious behavioral health disorders who require frequent interventions across service systems are able to avoid relapse or emergencies.
- **Impact Area 3:** Individuals with serious behavioral health disorders and other chronic conditions manage their overall health.

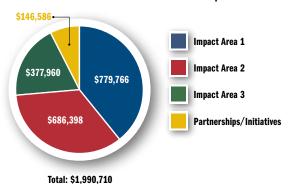
CONSUMERS SERVED

The total number of consumers served by funded projects in each impact area



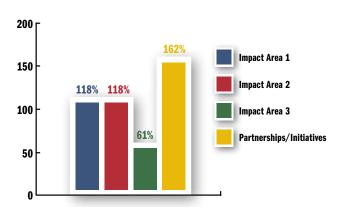
DOLLARS INVESTED

St. Louis Mental Health Board funds invested in each impact area



RESULTS ACHIEVED

Actual results accomplished as a percent of those originally proposed





FINANCIALS

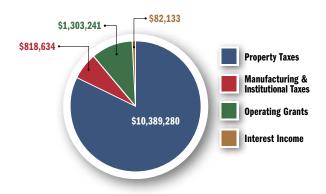
Operating Revenues \$ 12,593,288
Operating Expenses \$ 11,665,769
Excess of Operating Revenues over Expenses \$ 927,519

Beginning Fund Equity 22,537,381

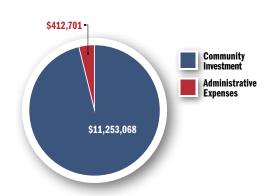
Ending Fund Equity 23,464,900

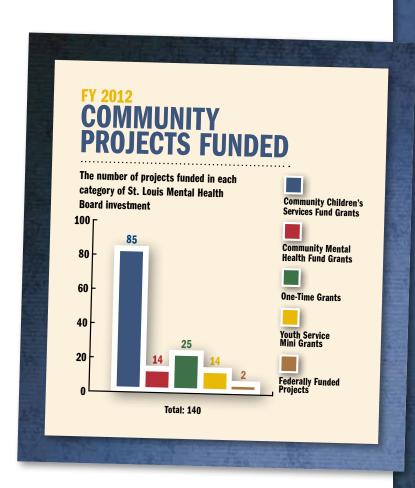
Unreserved, Undesignated Fund Equity \$ 7,190,710

REVENUE BY SOURCE



EXPENDITURES





WHO WE FUNDED

Community Children's Services Fund

IMPACT AREA 1: Parenting

Community Women Against Hardship Epworth Children and Family Services (Family Support Network Program) Fathers' Support Center, St. Louis Great Circle Humanitri

Nurses for Newborns Foundation One Hope United Places for People

Saint Louis Crisis Nursery

IMPACT AREA 2: Successful learners

Big Brothers Big Sisters of Eastern Missouri
Children's Advocacy Services of
Greater St. Louis
Family Resource Center
Foster and Adoptive Care Coalition
Horizon North Housing, Inc.
Intercommunity Education Association
dba Marian Middle School
Legal Services of Eastern Missouri
Neighborhood Houses
Northside Youth and Senior Service
Center, Inc.
United 4 Children

Wesley House

IMPACT AREA 3: Children and youth have skills to make healthy life choices

Almost Home

Big Brothers Big Sisters of Eastern Missouri Covenant House Missouri

Discovering Options

Employment Connection

Epworth Children and Family Services

Loosen the Leash

Lutheran Family and Children's Services of Missouri

North Grand Neighborhood Services Saints Teresa and Bridget Church

IMPACT AREA 4: At-risk and troubled youth are stabilized

BJC Behavioral Health
Center for Survivors of Torture and War Trauma
Family Resource Center
Kids in the Middle
MERS/Missouri Goodwill Industries

Our Little Haven

Queen of Peace Center

Voices for Children

PARTNERSHIPS/INITIATIVES

Juvenile Justice Initiative of 22nd Judicial Court

Adolescent CSTAR Drug Treatment Aging Out of Foster Care Initiative

AmeriCorps Community Service

ARCHS – After School for All Partnership (ASAP)

Bullying Prevention for Teachers & Parents

Child Care Quality Project for Small Licensed Programs

Child Care Scholarships for Working Parents

Fostering Faithful Families

Kindergarten Readiness Project Maternal, Child & Family

Health Coalition

Mental Health Intervention for High School Students

Multisystemic Therapy Initiative Non-Public Afterschool Partnership Non-Public Schools Mini-Grants

Vision for Children at Risk



Community Mental Health Fund

IMPACT AREA 1: Individuals with serious behavioral health disorders achieve and sustain their progress towards recovery

Covenant House Missouri
Employment Connection
Places for People
Preferred Family Healthcare, Inc.
Society of St. Vincent de Paul

IMPACT AREA 2: Individuals with serious behavioral health disorders who require frequent interventions across service systems are able to avoid relapse or emergencies

City of St. Louis, Department of Human Services Independence Center Places for People St. Patrick Center

IMPACT AREA 3: Individuals with serious behavioral health disorders and other chronic conditions manage their overall health

Bi-Lingual International Assistant Services Family Care Health Centers Grace Hill Neighborhood Health Centers, Inc.

PARTNERSHIPS/INITIATIVES

Care Access for New Americans



One-Time Grants

Annie Malone Children and Family Services Big Brothers Big Sisters of Eastern Missouri **Boys Hope Girls Hope Bridgeway Behavioral Health Center for Survivors** of Torture and War Trauma **Covenant House Missouri Employment Connection Family Resource Center** Humanitri **Neighborhood Houses** New Beginnings C-STAR, Inc. **North Grand Neighborhood Services Northside Youth and Senior Service** Center, Inc. **Nurses for Newborns Foundation Our Lady's Inn Places for People** Preferred Family Healthcare, Inc. **Oueen of Peace Center** Saints Teresa and Bridget Church **Shalom House SouthSide Early Childhood Center** St. Louis Family Court, Juvenile Division St. Patrick Center The Women's Safe House

Voices for Children

Youth Service Mini Grants

Angel Kits Caring for a Cause Christmas in June Community Beauty & Unity Feed the Community Garden Face Sculpture Hey Girl, Let's Talk Love a Book **Love and Necessities Mosaic Bench at Minniewood Park** Sculptural Sign at Froggie Park Stomp Out Teen Violence -**Computer Stranger Danger** Stomp Out Teen Violence - Sexting S.W.A.G. Farmer's Market S.W.E.A.T. Bike Shop **Teens Helping Teens**

Federally Funded Projects

St. Louis Partnership for Torture Survivors

St. Louis Partnership for Mental Health and Housing Transformation

Improving the lives of our city's most vulnerable children and adults.

Phil Minden, Chair

Sterling Bank—Senior Vice President Forest Park Southeast Neighborhood

Steve Doss, Vice Chair

S.J. Associates — President St. Louis Hills Neighborhood

Nina North Murphy, LCSW, Secretary/Treasurer

Program Director – Kingdom House Tower Grove East Neighborhood

Leon Ashford, Ph.D.

Washington University—Retired Kingsway Neighborhood

BOARD OF DIRECTORS

Kirby Burkholder

IFF—Executive Director, Missouri Tower Grove South Neighborhood

Marylou Calzaretta, Esq.

Esse Health — Corporate Counsel Holly Hills Neighborhood

Marguerite Grandelious

Public School Counselor – Retired Central West End Neighborhood

Linda Grayson

May Company — Retired Central West End Neighborhood

Carolyn Jackson

SLCC-Forest Park — Manager of TRiO/ Upward Bound Enright Neighborhood

Caroline Korybut

Voices for Children — Volunteer Central West End Neighborhood

Carla Rose

Sluggers, Inc. – C.E.O. Tilles Neighborhood

Roy Wilson, M.D.

St. Louis Psychiatric Rehabilitation Center

— Medical Director

Downtown Neighborhood

STAFF

Jama Dodson

Executive Director

Jan Ashbrook

Senior Project Director

Allyce Bullock

Project Director

Sue Culli

Project Coordinator

Alice Draper

Office Manager

Marnée Morgan

Project Director

Jennifer Rogers

Project Director

Carter Whitson

Project Director

Celestina Zavala

Secretary



INVESTING IN PROGRAMS THAT WORK