

# Listening to our community. Responding to the need.

2009 Annual Report

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**IN 2009, ALL OF US AT THE ST. LOUIS MENTAL  
HEALTH BOARD (MHB) SPENT A LOT OF TIME  
LISTENING.**

We organized “listening sessions,” during which we asked three diverse groups their opinions about the status of adult behavioral health services in the city of St. Louis. We met one-on-one with service providers to discover the issues most important to them. We kept abreast with news about our country’s economy, over which none of us has control, but by which all of us are affected.

What resulted from our listening was a greater understanding of the St. Louis community’s needs and how MHB can help now and in the future. Our 2009 annual report focuses on how we responded to needs through partnerships with the United Way of Greater St. Louis, the Child Day Care Association and the city of St. Louis’ public administrator’s office. We also highlight the outstanding work of service providers supported by MHB’s Mental Health Fund, Children’s Services Fund and Vulnerable Populations grants, as well as participants in our Mini-Grants program.



**Don Cuvo**  
*Executive Director*



**Marguerite Grandelious**  
*Board Chair*

# Listening<sup>to our community.</sup> Responding<sup>to the need.</sup>

IN AN ERA OF E-MAIL, INSTANT MESSAGING AND TWEETING, the simple act of listening may seem an outmoded form of communication. However, at the St. Louis Mental Health Board (MHB), we consider listening to be one of our most important responsibilities. We do it everyday, oftentimes face-to-face. Looking people in the eye as they talk gives us insight into their concerns, hopes and dreams. Listening is what guides our endeavors at responding to the needs of the St. Louis community.

In 2009, listening took on even greater importance as we watched our country's financial crisis deepen. With millions of people out of work and losing their homes, and our own state and local governments struggling to meet budgets, what we heard was apprehension and

frustration about a situation over which none of us had control. More people than ever needed help from charitable and service organizations whose funding from government sources, foundation grants and individual contributions was greatly reduced.

As we listened to these concerns, the question for us became: In these difficult times, how do we ensure MHB funds are being dispersed to meet the most critical needs of the St. Louis community? Fortunately, MHB's conservative investment strategy allowed us to remain a stable funding source—but to what purpose?

To answer that question, we listened again—this time to groups comprised of advocates

and educators, public-sector decision makers and agency staff members, and representatives from foundations and others who invest in health and human services. During 90-minute “listening sessions” organized by MHB, these groups answered questions we felt would pinpoint the most critical mental health needs of adults living in the city of St. Louis. The insights we gained from these stakeholders served to fine-tune our 2010 Mental Health Fund grant goals.

The listening sessions also provided us with positive feedback about the efforts we've made to increase support to the St. Louis community through funding partnerships. We've continued to remain aggressive about applying for federal grants that support local services without using local tax dollars. We've also pursued joint funding relationships with other public funders and foundations, pulling together money for projects that require multiple infusions of funds. In 2009, this leveraging of funds resulted in two new initiatives with the United Way of Greater St. Louis. One of those provides mental health counseling for people involved in home foreclosures, and the other supports recently unemployed families needing help keeping their children in daycare. We also partnered with the United Way and the Child Day Care Association for a project to help improve the quality of child care at programs serving low-income families.

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ensure MHB funds are being dispersed  
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of the St. Louis community?”*

In total, during 2009 we leveraged \$1.25 million in MHB funds to attract \$3 million to support St. Louis-area service providers. This infusion of additional funding allows us to reach organizations beyond those applying for MHB grants and, in turn, a greater number of St. Louis residents.

Another important initiative in 2009 began with our listening to the needs of the St. Louis public administrator's office, which acts as guardian to people appointed wards of the state. Working together, we developed a liaison program that ensures wards with mental illness living in the city of St. Louis receive the support they need to be safely housed and cared for.

During all the time we spent listening to service providers during 2009, we heard many concerns expressed regarding the future—where will funding come from, how will we maintain services, how can we do more with less? Despite these worries, however, these agencies remain enthusiastic and positive about the work they are doing as they strive to maintain a high level of services.



## Our Core Values

These core values are what MHB stands for and what guides us in every decision.

- Stewardship
- Compassion and Equity
- Understanding and Commitment
- Innovation
- Collaboration
- Strategic Alliances
- Partnerships with other Social Service and Governmental Authorities

## 2009: A Year of Listening and Responding

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In 2009, the St. Louis Mental Health Board (MHB) began gearing up for its Mental Health Fund 2010 Call for Co-Investments. During this process, behavioral health service providers in the city of St. Louis submit applications for grants supporting programs over

a three-year period. One of the factors used by MHB in its selection process is how well the proposed programs support MHB's funding goals, which target the most pressing needs of the St. Louis community.

“For many years, MHB determined these goals by conducting formal needs assessments. Using this systematic approach, we gathered information about available services, which we then analyzed to determine where gaps in service existed,” says Carter Whitson, an MHB project director. “In 2008, we decided to take a different approach to this information-gathering process. We wanted to hear from the stakeholders—the service providers, other funders, consumers—more directly. We organized ‘listening sessions’ in which groups of these stakeholders could come together and talk to each other and to us.”





The insight gained during these sessions helped MHB establish six targeted goals for its 2008-2010 mental health funding cycle. And in 2009, as the 2010-2012 Call for Co-Investments approached, MHB decided to listen again by organizing sessions for three

key groups of stakeholders with expertise in adult behavioral health needs and services in the city of St. Louis: advocates and educators, public-sector decision makers and agency staff members, and representatives from foundations and others who invest in health and human services.

“We were particularly concerned about how changes in federal and state funding and shifts in service at the regional and city level might influence our resetting of goals,” says Don Cuvo, MHB executive director. “Our 2009 listening sessions coincided with announcements by the state of an additional round of budget cuts and staff layoffs for the Department of Mental Health, and of departmental restrictions on who would be admitted to services.”

The discussions helped fine-tune the 2010-2012 funding priorities so

that special consideration was given to programs helping uninsured and underinsured individuals with serious behavioral health disorders make progress toward recovery, reduce their use of crisis services and, for those also dealing with chronic illnesses, manage their overall health.

“These sessions brought together individuals representing organizations that don’t often get a chance to sit at the table together,” says Roy Wilson, MD, medical

“We were particularly concerned about how changes in federal and state funding and shifts in service at the regional and city level might influence our resetting of goals.”

director of the St. Louis Psychiatric Rehabilitation Center and an MHB board member. “It was a non-traditional gathering of stakeholders who nonetheless interface with issues concerning individuals with behavioral health problems. These kinds of conversations bring people closer to developing a coordinated system of services that benefits the overall St. Louis community.”

According to those participating in the listening sessions, MHB is poised to play a vital role in helping bring about a coordinated system from one described by participants as currently being fragmented, siloed and inefficient. Examples of MHB leadership cited were its success in leading the way in collaboration, in pulling funding packages together, and in using MHB resources to draw down federal dollars.

“During the ‘advocates and educators’ listening session, we all agreed we need to work together to ensure we use our community’s resources to the greatest extent possible, and in so doing have the greatest impact for people with mental illness,” says Jacqueline Lukitsch, executive director, Alliance on Mental Illness—NAMI

St. Louis. “The changes that need to take place—in particular concerning the focus on helping people achieve recovery—are big and complex. It will take an organization like the Mental Health Board to push and drag all of the stakeholders into a cooperative effort to coordinate services.”



## A Liaison for the Public Administrator's Office

During the listening sessions, a number of specific projects were identified that fit into the leadership role MHB is steadily forging for itself within St. Louis' behavioral health community. Among them was assisting the city of St. Louis' public administrator, Gerard Nester, in providing oversight and support to wards of the state with mental illness.

"The public administrator's office is a guardian of last resort," explains Nester. "The Probate Division of the St. Louis Circuit Court is responsible for determining when mentally ill or developmentally disabled adults are unable to meet their essential needs for food, shelter and clothing. The public administrator then takes responsibility for those needs as well as ensuring the wards receive proper medical, psychiatric and therapeutic care."

Nester identified a need for his office to provide additional oversight for the more than 400 wards under its care. Discussions between Nester and MHB resulted in an initiative by which MHB would provide funds for a social worker from Community Alternatives to act as a liaison between the public administrator's office and those wards diagnosed with mental illness.

"About half of our wards are considered mentally ill, and many of them are receiving the level of care they need," says Nester.

"The liaison works with the cases where additional help is required. For instance, helping people transition from state institutions to community-based living or crisis intervention in instances where new housing is needed quickly."

According to Nester, the personal contact provided by the liaison reassures people someone is working to make a difference for them. In one case, the liaison is working to gather the evidence needed to terminate guardianship for a person who doesn't need it.

"During the 'advocates and educators' listening session, we all agreed we need to work together to ensure we use our community's resources to the greatest extent possible, and in so doing have the greatest impact for people with mental illness"

“It is terrific when we can make that kind of difference in someone’s life,” says Nester. “Just as it’s true that if you ignore mental illness people can spiral down and out of control, it’s also true that if you nurture people and help them through a crisis, they can spiral upward to a better life.”

Nester believes the liaison initiative is an important step forward for MHB. “This program is an example of MHB’s broader vision and a real interest in seeing that not only are consumers’ needs met, but also the needs of the decision makers and designers of consumer programs as well,” he says.

### **Partnering with the United Way**

In 2009, MHB listened for ways to assist St. Louis residents for whom the economic downturn was taking a personal toll. During discussions with United Way of Greater St. Louis representatives,

MHB discovered two means by which it could respond to the St. Louis community’s needs.

“The United Way had begun a basic needs fund to help families negatively affected by the poor economy. We became a partner in this effort by adding a child-care component within the fund,” says Jan Ashbrook, an MHB Acting Senior Project Director. “It was an opportunity for us to participate in an established project and support our goals related to children.”

MHB agreed to provide \$50,000 to cover child care costs for children whose parent or parents were newly unemployed. The funds would cover about one month of child care for each child enrolled in the program.

“Covering child care expenses for a month gives parents a bit of extra support to stabilize their families. For instance, it can help while they

wait for unemployment benefits to begin or free-up money they can use for other essentials,” says Kathy Gardner, senior vice president of community investment at United Way. “Looking for new employment is a full-time job, so the need for child care doesn’t disappear.”

The second partnership addressed the mental health needs of individuals facing and experiencing foreclosure on their homes. It expanded a partnership already in place between the United Way and the St. Louis Alliance for Homeownership.





“The Alliance consists of four agencies that provide counseling assistance to people going through foreclosure,” says Wray Clay, vice president, community investment initiatives, at the United Way. “The counselors felt that some of these families had unaddressed mental

health needs that went beyond the expertise of what these housing agencies could provide.”

MHB agreed to provide the United Way with \$50,000 to add a mental health component to the Alliance. The support enabled Alliance

housing counselors and United Way customer referral representatives to receive training on how to identify those that may need a mental health intervention. It also covered the cost of having a mental health professional available around the clock to respond to callers seeking help.

“Foreclosure is challenging for anyone, and it is the type of situation that can certainly exacerbate an existing mental illness or trigger an illness such as clinical depression,” says Ashbrook. “This project gave MHB an opportunity to reach out to people before a mental health crisis occurred.”

### **Improving the quality of child care in St. Louis**

Another partnership begun in 2009 involved MHB, the United Way and the Child Daycare Association (CDCA). The project focused on improving the programs at licensed, nonaccredited child care facilities

with an enrollment of at least 25 percent state-pay children.

“At MHB, we often hear from the CDCA about child care centers that want to improve the quality of their programs but don’t have the resources or expertise to know how to make that happen,” says Ashbrook. “We approached the United Way to see if we could start a new program to help these smaller programs.”

A \$30,000 grant from MHB to the United Way provided individualized professional support for one year to 12 child care programs. The CDCA oversaw the project.

“Smaller programs serving low-income children are absolutely vital to working parents, and yet they are struggling to keep their doors open,” says Pam Mitchell, CDCA program

director. “Missouri’s reimbursement is the lowest in the country for programs serving families who qualify for state financial aid. Once the bills and salaries are paid, there is little left over to seek help for improving programs.”

MHB funding for the project was used to hire a child care professional who conducted assessments of each participating agency and then provided on-site coaching and consultation to set individualized goals. The programs directors also were linked with community resources and participated in group orientation sessions that provided networking opportunities.

“At the CDCA, our experience with MHB has been one of true collaboration and partnership, and the improving child care quality project is an example of that,” says Mitchell. “MHB recognized the

economic downturn was affecting not only families but also the early childhood programs caring for children. By listening and then responding to needs, MHB is making wise investments in our community.”



In 2007, 10 projects were selected from among 31 applications responding to the 2007 Community Mental Health Fund Call for Co-Investors. Each contributes toward attaining one of MHB's priority investment outcomes.

## Mental Health Fund

**Goal:** Individuals with co-occurring disorders will engage in treatment and follow their treatment protocols for six months.

### **Bridgeway Counseling Services**

1027 S. Vandeventer  
St. Louis, MO 63108

(314) 652-4200

*[www.bridgewaycounseling.com](http://www.bridgewaycounseling.com)*

The Individual Dual Diagnosis  
Treatment project helps consumers  
with co-occurring mental health  
and substance abuse disorders work  
toward recovery.

**AWARD: \$113,028**

**Goal:** Young adults under 25 years old will engage in treatment and follow their treatment protocols for six months.

## BJC Behavioral Health

1430 Olive Street, Suite 500

St. Louis, MO 63103

(314) 206-3764

[www.bjc.org](http://www.bjc.org)

The Young Adult project helps consumers aged 18-25 not currently receiving mental health services to become engaged in and responsive to treatment.

AWARD: \$200,004



# Rosati ACT Program

St. Patrick Center

“Rosati Assertive Community Treatment targets chronically homeless individuals with serious and persistent mental illness and/or substance abuse issues—the group for whom breaking the cycle of homelessness is most difficult. Once these individuals move into our apartments, the Rosati team provides the additional support they need to remain in permanent housing. For as long as they need it, they receive help with any aspect of living that, if it gets out of control, can result in their living on the street again.”

– Elaine St. Clemmons | chief program officer | St. Patrick Center

## Listening and Responding

The Rosati ACT program at St. Patrick Center provides help for mental and overall health issues, substance abuse problems and financial stability. As a result of the intense counseling and support provided, to date the team has provided housing, clinical support and stability for 48 chronically homeless people, 37 of whom have been housed continuously for six months. Of that 37, 17 have been housed for a year or more.

Vital to the program's success is St. Patrick Center's and MHB's shared understanding that recovery and treatment is a process encompassing both triumphs and setbacks. For that reason, individuals in the Rosati ACT program who relapse in some way don't lose their homes. Instead, MHB funding allows them to continue receiving whatever help they need to get them back on track.



**Goal:** Individuals with behavioral health disorders will live in safe, stable housing and sustain it for at least three consecutive months.

## Places for People

4130 Lindell Blvd.  
St. Louis, MO 63108  
(314) 535-5600  
[www.placesforpeople.org](http://www.placesforpeople.org)

The Housing Acquisition and Stabilization program helps chronically homeless consumers with behavioral health disorders secure and maintain safe, stable housing.

AWARD: \$250,000

## St. Patrick Center

800 N. Tucker  
St. Louis, MO 63101  
(314) 802-0700  
[www.stpatrickcenter.org](http://www.stpatrickcenter.org)

The Rosati House Apartments Assertive Community Treatment program helps chronically homeless consumers with serious and persistent mental illnesses remain housed in a supportive environment.

AWARD: \$124,326

**Goal:** Individuals with behavioral health disorders will have sustainable, subsidized or unsubsidized employment.

### Independence Center

4245 Forest Park Blvd.

St. Louis, MO 63108

(314) 286-4545

[www.independencecenter.org](http://www.independencecenter.org)

The Transforming Lives

Through Work program helps consumers with serious and persistent mental illnesses who are reluctant to seek employment to find, secure and sustain continuous employment for competitive pay.

AWARD: \$218,712

### Employment Connection

2838 Market Street

St. Louis, MO 63103

(314) 333-5645

[www.employmentstl.org](http://www.employmentstl.org)

The Back to Work/Back to Health program helps consumers who have held three or more jobs within the past 18 months or who may have been released from incarceration, presenting indications of behavioral health disorders, to obtain and sustain employment.

AWARD: \$208,344

**Goal:** People with behavioral health disorders will manage their condition(s) and avoid crises or emergency circumstances.

## Preferred Family Healthcare

2639 Miami, 4TH Floor

St. Louis, MO 63118

(314) 361-1630

[www.pfh.org](http://www.pfh.org)

The Relapse Prevention Mentoring project helps consumers with chronic substance abuse disorders and relapses to reduce the frequency and duration of relapse episodes and avoid critical episodes.

AWARD: \$173,616

## Queen of Peace Center

325 N. Newstead Ave.

St. Louis, MO 63108

(314) 531-0511

[www.qopcstl.org](http://www.qopcstl.org)

Project PEACE extends the duration and intensity of behavioral health services for mothers currently engaged in substance abuse treatment — in order to manage their conditions and avoid behavioral health crises or emergencies.

AWARD: \$69,444

**Goal:** Organizations will provide services for people with behavioral health disorders within a system that supports their holistic needs across their lifespan.

### BJC Behavioral Health

1430 Olive Street, Suite 500

St. Louis, MO 63103

(314) 206-3764

*[www.bjc.org](http://www.bjc.org)*

The Lifestyles project helps consumers with serious and persistent mental illnesses and elevated glucose levels or hypertension to successfully manage both their behavioral and physical health conditions.

AWARD: \$222,600

In 2009, the first Children's Services Fund grant cycle came to an end. The Saint Louis Mental Health Board appreciates the efforts of all co-investors in achieving the following outcomes.

# Children's Services Fund

(FY 2007-2009)

*\*This does not include funding partners*

MHB appreciates the efforts of all co-investors in achieving the following outcomes:

**690 parents and caregivers consistently provided positive discipline.**

*Co-Investors:*

- Children's Advocacy Services of Greater St. Louis
- Community Alternatives
- Family Resource Center
- Family Support Network
- Father's Support Center
- Our Little Haven

**391 children achieved or exceeded the critical 3RD grade reading level.**

*Co-Investors:*

- Edgewood Children's Center
- Wesley House

**1,831 at-risk children and youth built resistance to negative influences and adopted positive behaviors.**

*Co-Investors:*

- Boys and Girls Town of Missouri
- CDCA
- Covenant House
- Horizon North Housing Corporation
- Kids in the Middle
- Provident, Inc.
- St. Vincent Home for Children

**2,344 children and youth engaged with the family court improved their behaviors or conditions.**

*Co-Investors:*

- 22ND Judicial Circuit Court, Family-Contracted Services
- 22ND Judicial Circuit Court, Psychological Services
- Community Alternatives
- Provident, Inc.
- Saint Louis Developmental Disabilities Resources
- Voices for Children

## CHILDREN'S SERVICES FUND

**696 children enrolled in afterschool programs increased their capacity to learn.**

*Co-Investors:*

- Discovering Options
- Neighborhood Houses
- Northside Community Center
- Provident, Inc.
- Stray Dog Theatre
- YWCA of Metro St. Louis

**319 youth acquired skills to resist use of alcohol, tobacco and other drugs.**

*Co-Investors:*

- Big Brothers Big Sisters of Eastern Missouri
- Discovering Options
- Living Word Apostolic Church



The following Children's Services Fund Grants are continued from the first grant cycle:

**GOAL:** High School students will graduate from high school.

**St. Louis Internship Program**

4232 Forest Park Ave., Room 1027

St. Louis, MO 63108

(314) 371-7547

[www.stlouisinternship.org](http://www.stlouisinternship.org)

The St. Louis Internship Program, Pre-Internship component, supports 9<sup>TH</sup> grade students in St. Louis Public Schools to stay in school and be promoted to the 10<sup>TH</sup> grade.

**AWARD:** \$149,474

**Sts. Teresa and Bridget Church**

3636 North Market Street

St. Louis, MO 63113

(314) 371-1190

[www.ststb.org](http://www.ststb.org)

The Youth Enrichment program assists youth from low-income families to stay in high school and graduate.

**AWARD:** \$67,350

**GOAL:** Children and youth diagnosed with serious emotional disturbance and/or substance abuse issues will be stabilized.

**Bridgeway Behavioral Health**

1027 S. Vandeventer

St. Louis, MO 63108

(314) 652-4200

[www.bridgewaycounseling.com](http://www.bridgewaycounseling.com)

The Adolescent Treatment program provides education, counseling and support to students in St. Louis Public School's alternative school to stay alcohol and drug free.

**AWARD:** \$224,950

**Children's Advocacy Services**

One University Blvd.

St. Louis, MO 63121

(314) 516-6798

[www.stlouiscac.org](http://www.stlouiscac.org)

The Integrated Treatment of Complex Trauma program provides intensive therapy and support to children who have experienced extreme and/or multiple traumas to achieve and sustain emotional stability.

**AWARD:** \$205,674

In 2009, 42 projects were selected from among 82 applications responding to the 2009 Community Children's Services Fund call for co-investors. Each contributes toward attaining one of MHB's goals.

# Children's Services Fund

(FY 2010-2012)

*\*This does not include funding partners*

**Goal:** Parents provide for their families.

### **Boys and Girls Town of Missouri**

4485 Westminster Place  
St. Louis, MO 63108  
(314) 535-7911  
[www.bgtm.org](http://www.bgtm.org)

The Fostering Futures program is designed to help children ages 5-18 with emotional and behavioral challenges to remain stable in their foster home placement.

AWARD: \$102,614

### **Community Alternatives**

3738 Chouteau Ave, Suite 200  
St. Louis, MO 63110  
(314) 772-8801  
[www.community-alternatives.org](http://www.community-alternatives.org)

The Incredible Years program assists parents of children with conduct problems to use positive approaches to parenting.

AWARD: \$194,572

### **Community Women Against Hardship**

3963 West Belle Place  
St. Louis, MO 63108  
(314) 289-7523  
[www.cwah.org](http://www.cwah.org)

This project supports women who experience poverty and hopelessness to gain the skills, resources and confidence necessary to meet the basic needs of their families

AWARD: \$66,825

### **Family Support Network**

7514 Big Bend Boulevard  
St. Louis, MO 63119  
(314) 644-5055  
[www.familysupportnet.org](http://www.familysupportnet.org)

Project First Step works to help stabilize families by enhancing parenting skills, connecting families

to needed community resources, and building positive family relationships.

AWARD: \$100,065

### **Father's Support Center**

4411 N. Newstead  
St. Louis, MO 63115  
(314) 333-4170  
[www.fatherssupportcenter.org](http://www.fatherssupportcenter.org)

The Family Formation Program teaches non custodial fathers five key skills for building positive relationships with their children: 1) modeling: rules, behaviors and values; 2) teaching self-discipline; 3) process of discipline and consequences of behavior; 4) ignoring and providing praise for specific behavior, and 5) solution building—problem-solving techniques.

AWARD: \$192,165

## Humanitri

1120 S. 6TH St., Suite 120

St. Louis, MO 63104

(314) 772-7720

[www.humanitri.org](http://www.humanitri.org)

The Housing and Human Services Program supports homeless families to acquire stable housing and obtain the skills and resources necessary to maintain a permanent home.

AWARD: \$60,236

## One Hope United

4144 Lindell Blvd., Suite 206

St. Louis, MO 63108

[www.kidshopeunited.org](http://www.kidshopeunited.org)

The Functional Family Therapy Program supports families with youth who have juvenile court involvement to remain intact and develop positive relationships.

AWARD: \$97,784

## Nurses for Newborns

7259 Lansdowne Ave., Suite 100

St. Louis, MO 63119

(314) 544-3433

[www.nfnf.org](http://www.nfnf.org)

The Coalition for a Healthy Future Program supports low-income mothers of infants to acquire and maintain the skills and resources necessary to meet the basic needs of their children.

AWARD: \$117,759

## Provident Counseling

2650 Olive Street

St. Louis, MO 63103

(314) 371-6500

[www.providentstl.org](http://www.providentstl.org)

The Heritage House Program provides supervised visitation and custody exchange when there is a need for a safe place for children to visit with their non-custodial parent.

AWARD: \$115,540

## St. Louis Crisis Nursery

2401 N. Grand

St. Louis, MO 63106

(314) 292-5770

[www.crisisnurserykids.org](http://www.crisisnurserykids.org)

The Family Empowerment Program provides intensive home-based services to parents to encourage strong relationships and positive parenting.

AWARD: \$57,814

## St. Louis Lead Prevention Coalition

2256 S. Grand, Suite 2 SOUTH

St. Louis, MO 63104

(314) 664-9922

[www.leadprevention.org](http://www.leadprevention.org)

The Lead Prevention Program educates parents to the risks and symptoms of lead poisoning, and provides information on strategies for assuring children are in lead-free environments.

AWARD: \$54,658

# Healing and Prevention for Foster Youth | Voices for Children

“Voices for Children advocates for children—newborns through age 21—in foster care. Our Healing and Prevention for Foster Youth program focuses on 6 to 17 year olds, a group at great risk for instability because of the trauma of being abused, neglected and placed in the foster care system. They often struggle in school, are disconnected from their families and communities, and are more susceptible to negative peer pressure. Voices advocates for services that help stabilize their lives and provide them with greater opportunities for success.”

– Jan Huneke | executive director | Voices for Children

## Listening and Responding

To date, more than 228 children included in the Healing and Prevention for Foster Youth program, more than half have achieved stability in at least three areas, which include such objectives as living in a safe and stable placement, becoming emotionally stable or advancing to the next grade level. For Voices for Children, gauging the program's impact using

measurable changes for the children was a shift from its previous method of determining success by evaluating the quantity of the services offered. MHB helped Voices for Children representatives by first listening to their description of their clients' needs. MHB then responded with the questions and prompts that helped them pinpoint the outcomes that would best contribute to the welfare of the children they serve.



**Goal:** Children are successful learners.

## **Big Brothers Big Sisters of Eastern Missouri**

501 N. Grand Ave, Suite 100  
St. Louis, MO 63103

(314) 633-0042

[www.bbbsemo.org](http://www.bbbsemo.org)

The ABC Education Initiative connects students at Columbia Elementary school in the St. Louis Public School district to mentors—assuring students attend school, behave while at school, and experience classroom success in reading and math.

AWARD: \$65,000

## **CDCA**

4236 Lindell, Suite 300  
St. Louis, MO 63108

(314) 531-1412

[www.childcarestl.org](http://www.childcarestl.org)

The Social Emotional Competency in Early Childhood program provides support for early childhood professionals who work with children at risk in order to reduce the number of children being expelled from child care due to problem behaviors.

AWARD: \$190,583

## **Children's Advocacy Services of Greater St. Louis**

1 University Blvd.  
St. Louis, MO 63121

(314) 516-7342

[www.stlouiscac.org](http://www.stlouiscac.org)

The CBITS program provides early intervention for high school youth who experience stress and anxiety, supporting them to develop coping strategies to maintain behavioral health and achieve academic goals.

AWARD: \$86,342

## Family Resource Center

3309 S. Kingshighway Blvd.

St. Louis, MO 63139

(314) 534-9350

[www.frcmo.org](http://www.frcmo.org)

The Therapeutic Preschool Day Treatment supports children three to six years of age who are experiencing serious emotional disturbance and behavioral problems, to achieve stabilization within the home environment.

AWARD: \$194,950

## Foster and Adoptive Care Coalition

111 North 7TH Street, Suite 402

St. Louis, MO 63101

(314) 367-8373

[www.foster-adopt.org](http://www.foster-adopt.org)

The Educational Advocacy Program supports youth in foster care to receive the educational placement, services and interventions to which they are entitled.

AWARD: \$80,000

## Horizon North Housing, Inc.

5046 Page Blvd.

St. Louis, MO 63113

(314) 361-2622

The Youth Preparedness Program assists children whose mothers have a developmental disability to achieve academic success.

AWARD: \$58,305

## Legal Services of Eastern Missouri

4232 Forest Park Ave.

St. Louis, MO 63108

(314) 256-8715

[www.lsem.org](http://www.lsem.org)

The Improving Educational Outcomes Program supports youth in residential placement to receive the educational placement, services and interventions to which they are entitled.

AWARD: \$67,500

## Marian Middle School

4130 Wyoming Street

St. Louis, MO 63116

(314) 771-7674

[www.mms-stl.org](http://www.mms-stl.org)

The Graduate Support Program provides academic support to graduates in their high school setting so that they stay in school and graduate.

The Recruitment Program increases enrollment at Marian Middle School, a Nativity School that serves economically disadvantaged adolescent girls so that they will be prepared to begin and complete high school.

AWARD: \$75,744



## Neighborhood Houses

2828 Caroline  
St. Louis, MO 63104

(314) 773-1107  
[www.neighborhoodhouses.org](http://www.neighborhoodhouses.org)

The Early Childhood Education Enhancement Program provides children ages 6 weeks to 5 years from low income families with high quality early childhood care and education so that they begin school ready to learn.

AWARD: \$50,096

## North Side Community Center, Inc.

4120 Maffitt  
St. Louis, MO 63113  
(314) 531-4161  
[www.northsidecommunitycenter.net](http://www.northsidecommunitycenter.net)

The DREAMS Program assists students at Beaumont High School who are at risk for dropping out to stay in school and graduate.

AWARD: \$196,892

## Wesley House Association

4507 Lee Ave  
St. Louis, MO 63115  
(314) 385-1000  
[www.wesleyhousestlouis.org](http://www.wesleyhousestlouis.org)

The Early Childhood Literacy project assists students in kindergarten through third grade to improve literacy skills so that they are reading at satisfactory or proficient levels.

AWARD: \$76,831

## Living Word Apostolic Church

5622 Delmar Boulevard, Suite 108E  
St. Louis, MO 63112  
(314) 361-2371  
[www.friends-cap.org](http://www.friends-cap.org)

“Friends with a Better Plan”

community action program targets youth ages 14-18, who are at severe risk of substance abuse and all its related consequences. The program provides substance abuse prevention, social skills, and behavioral skills training, with an interactive and science-based method utilizing best practices for that age group and culture.

AWARD: \$127,798

**Goal:** High school students will graduate from high school.

**St. Louis Internship Program**

4232 Forest Park Avenue, Room 1027  
St. Louis, MO 63108

(314) 371-7547

[www.stlouisinternship.org](http://www.stlouisinternship.org)

The St. Louis Internship Program, Pre-Internship component, supports 9TH grade students in St. Louis Public Schools to stay in school and be promoted to the 10th grade.

AWARD: \$149,474

**Sts. Teresa and Bridget Church**

3636 North Market Street  
St. Louis, MO 63113

(314) 371-1190

[www.ststb.org](http://www.ststb.org)

The Youth Enrichment program assists youth from low-income families to stay in high school and graduate.

AWARD: \$67,350

**Goal:** Youth develop character and life skills.

**Almost Home, Inc.**

3200 St. Vincent Ave.  
St. Louis, MO 63104  
(314) 771-4663

[www.almosthomestl.org](http://www.almosthomestl.org)

The Life Skills Education Program serves homeless teenage mothers, ages 12-18 by providing shelter, assisting them to obtain and maintain stable housing, and supporting them to meet the basic needs of their child(ren).

AWARD: \$149,503

**Big Brothers Big Sisters of Eastern Missouri**

501 N. Grand Ave, Suite 100  
St. Louis, MO 63103  
(314) 633-0042

[www.bbbsemo.org](http://www.bbbsemo.org)

The After School Mentoring program helps students at Loyola Academy and Marian Middle school to build positive adult relationships and to stay alcohol, tobacco and drug free.

AWARD: \$88,800

**Center for Survivors of Torture and War Trauma**

1077 South Newstead  
St. Louis, MO 63110  
(314) 533-4144

[www.stlcenterforsurvivors.org](http://www.stlcenterforsurvivors.org)

The Learning and Sharing Internship Project supports youth in high school and middle school to express and heal through the use of theatre, music, dance and movement.

AWARD: \$12,172

## Covenant House Missouri

2727 North Kingshighway  
St. Louis, MO 63113  
(314) 450-7672  
[www.covenanthousemo.org](http://www.covenanthousemo.org)

The Supportive Living Program provides temporary shelter and supportive services for homeless or disconnected youth, ages 16-18, so they can become positive, productive members of society.

AWARD: \$242,739

## Discovering Options

909 Purdue  
St. Louis, MO 63130  
(314) 721-8116  
[www.discoveringoptions.org](http://www.discoveringoptions.org)

Elementary PREP program (Promoting Responsibility through Education and Preparation) supports behaviorally at-risk 4th and 5th grade students at selected schools to remain alcohol, tobacco and drug free.

AWARD: \$74,049

## Employment Connection

2838 Market Street  
St. Louis, MO 63103  
(314) 333-5645  
[www.employmentstl.org](http://www.employmentstl.org)

The Building Blocks Program supports youth, ages 15½-17, who are involved with the juvenile justice system to obtain and maintain a job.

AWARD: \$181,980

## Epworth Children & Family Services

110 N. Elm Ave.  
St. Louis, MO 63119  
(314) 918-3342  
[www.epworth.org](http://www.epworth.org)

The Character Development and Life Skills Training Program supports youth, ages 11-16, currently residing in the Epworth Residential Intensive Treatment Program to acquire the skills, resources and knowledge to move toward independent living.

AWARD: \$43,200



## CHILDREN'S SERVICES FUND

### **IMPACT St. Louis**

4144 Lindell Blvd., Suite 220  
St. Louis, MO 63108  
(314) 367-7778  
[www.impactstl.org](http://www.impactstl.org)

The IMPACT Program provides youth development activities to children and adolescents, ages 8-18, who reside in blighted neighborhoods and who have limited to no access to community and social service programs.

AWARD: \$124,671

### **Loosen the Leash**

6760 Dolan Place  
St. Louis, MO 63139  
(314) 323-2004  
[www.loosentheleash.org](http://www.loosentheleash.org)

The Loosen the Leash Program connects youth, ages 11-18 in detention or under close supervision, with stray dogs; rehabilitating both through bonding, learning and discipline.

AWARD: \$120,000

### **Lutheran Family & Children's Services**

1001 Hickory Place  
St. Louis, MO 63104  
(314) 787-5100  
[www.lfcs.org](http://www.lfcs.org)

The STEP UP Program supports youth ages 8-12, living in LaSalle Park and Pillar Place apartment to use positive communication and interact in proactive and peaceful ways.

AWARD: \$55,381



### **North Grand Neighborhood Services**

3636 North Market  
St. Louis, MO 63113  
(314) 371-1190  
[www.angelbaked.org](http://www.angelbaked.org)

The Angel Baked Cookies Program empowers teens in north St. Louis who experience systemic barriers to develop work and life skills. Teens have primary responsibility for managing all aspects of a not-for-profit baking company.

AWARD: \$50,096

### **Saints Teresa & Bridget**

2401 North Grand Ave.  
St. Louis, MO 63113  
(314) 371-1190  
[www.ststb.org](http://www.ststb.org)

The Summer Enrichment Program supports youth in grades K-8 to develop character, enhance learning and experience recreational activities during the school-year summer break.

AWARD: \$24,242

**Goal:** At-risk and troubled youth are stabilized.

### **BJC Behavioral Health**

1430 Olive Blvd., Suite 500  
St. Louis, MO 63103  
(314) 206-3716

[www.bjcbehavioralhealth.org](http://www.bjcbehavioralhealth.org)

The Fidelity Wraparound Program supports families with youth experiencing emotional disorders to reduce the occurrence of symptoms and to increase positive interactions and social engagement.

AWARD: \$44,954

### **Center for Survivors of Torture and War Trauma**

1077 South Newstead  
St. Louis, MO 63110  
(314) 533-4144

[www.stlcenterforsurvivors.org](http://www.stlcenterforsurvivors.org)

The Healing Retreats for Refugee Youth Program supports refugee youth who are experiencing

stress and trauma to develop positive coping strategies, relaxation techniques, positive communication skills, and appropriate emotional expression.

AWARD: \$36,073

### **Family Resource Center**

4411 North Newstead  
St. Louis, MO 63115  
(314) 534-9350

[www.frcmo.org](http://www.frcmo.org)

The St. Louis Volunteer Resource Parents Program supports expecting and parenting teens through mentor relationships to meet the basic needs of themselves and their child(ren).

AWARD: \$48,165

### **Kids in the Middle**

222 West Monroe  
St. Louis, MO 63122  
(314) 909-9922

[www.kidsinthemiddle.org](http://www.kidsinthemiddle.org)

The School Outreach Counseling Program supports students in St. Louis Public Schools whose families are in transition to use age-appropriate coping skills and to maintain school performance.

AWARD: \$234,351

## CHILDREN'S SERVICES FUND

### MERS Missouri

#### Goodwill Industries

1727 Locust St.

St. Louis, MO 63103

(314) 436-3540

[www.mersgoodwill.org](http://www.mersgoodwill.org)

The Group Therapy and Mental Health Referral Program supports youth who are enrolled in the Juvenile Transitions Program to develop positive social and emotional skills that support their ability to get and keep a job.

AWARD: \$114,859

### Our Little Haven

4316 Lindell Blvd.

St. Louis, MO 63108

(314) 533-2229

[www.ourlittlehaven.org](http://www.ourlittlehaven.org)

The Therapeutic Care for Children Program supports children from birth to age 12 in achieving stability and demonstrating improvement in overall behavioral, social, academic, and/or social functioning through participation in individual, family, and group psychotherapy in conjunction with other supportive services

AWARD: \$250,000

### Queen of Peace

325 North Newstead

St. Louis, MO 63108

(314) 531-0511

[www.qopcstl.org](http://www.qopcstl.org)

The Nurturing Networks Program supports children with mothers in substance abuse treatment to develop positive social and emotional skills.

AWARD: \$161,959

### Voices for Children

920 North Vandeventer

St. Louis, MO 63108

(314) 552-2358

[www.voices-stl.org](http://www.voices-stl.org)

The Healing and Prevention Program supports youth in foster care to obtain the services they need and to which they are entitled. These services assist them to develop the social, emotional, academic and life skills they need so that they can achieve a permanent home.

AWARD: \$175,089

In 2009, MHB awarded 9, \$500 mini-grants to organizations with established youth programs and annual budgets of less than \$100,000. The goal of the grants was to promote positive youth development and encourage young people to get involved with their community.

## Youth Mini-Grants

## Newborn Gift Package Project

T.R.O.U.T.S. (TEENS REACHING OUT UP TOWARD SUCCESS)  
SAINTS TERESA AND BRIDGET CHURCH

"The idea for the project actually came from a young man in T.R.O.U.T.S. He talked about how teens who are pregnant sometimes feel left out and self-conscious, and they don't have a lot of resources for preparing for their babies. The group wanted to encourage these young women and lift a bit of their burden."

– **Lisa Smith** | Program Director | T.R.O.U.T.S.



The Newborn Gift Package Project resulted from T.R.O.U.T.S. members' desire to help moms-to-be in their peer group. After researching and pricing the items needed by a newborn, the teens used the MHB mini-grant to purchase car seats, diapers, bottles and a set of baby clothes for

five expectant teens. In addition to receiving the gift packages, the teens also attended a workshop to learn about infant massage therapy.

## Family/Community Fun Night

SHAW NEIGHBORHOOD YOUTH AND FAMILY  
LEADERSHIP PROGRAM

"The children really enjoy taking charge. They price and shop for supplies, decide how to set up the games and refreshments, and clean up afterwards. They even recruit volunteers from among their neighborhood friends. It's an important lesson for them in organizational skills and teamwork."

– **Linda Anderson** | Board Secretary  
Shaw Neighborhood Youth and Family Leadership Program

The Family/Community Fun Night gives the Shaw Neighborhood youth, their families and other community members an opportunity to gather together on a Friday evening. Those attending socialize by playing games like Scrabble, Jenga, Bingo and dominoes, dancing and enjoying a meal together. A photo of each family is taken as a remembrance. With funds from the MHB mini-grant, members of the Shaw Neighborhood youth program, ranging in age from 12 to 15, plan and organize all of the festivities.



# Initiatives & Partnerships

## Current Initiatives

In addition to making direct investments and administering third party and Federal grants, the Mental Health Board utilizes two other strategies in Community Investments—Initiatives and Partnerships. Initiatives are projects in which MHB takes the lead to bring together key stakeholders to address a significant community issue in order to increase coordination, communication, and collaboration among the various participants.

### St. Louis Empowerment Center

A consumer-run, self-help, drop-in program for people who are either suspicious of the behavioral health system or who feel that they were victimized by it. The Empowerment Center provides a safe and supportive environment for consumers to begin or to continue their recovery journeys.

*Providers:* Paraquad & Depressive and Bipolar Support Alliance

### IMPACT St. Louis

(Fiscal Agent—100 Black Men of Metropolitan St. Louis)

IMPACT North East provides year around mentoring, education, health and economic empowerment services for youth in the city's North East corridor.

## Current Partnerships

The Missouri Department of Mental Health, Division of Alcohol and Drug Abuse has been the Mental Health Board's longest standing Partner. ADA partners in the investment of Discovering Options Elementary Prep Program, Living Word Apostolic Church Friends with a Better Plan Program, Preferred Family Relapse Prevention Mentoring Program, Queen of Peace Project PEACE and Preferred Family Healthcare's Adolescent Treatment Program.

### Faith-Based and Community-Based Youth Groups

*Partner:* Lutheran Foundation and Incarnate Word Foundation

*Purpose:* To invest in projects that promote positive youth development that increase the chances that youth are avoiding undesirable behaviors and their consequences. This was achieved by awarding mini-grants for youth driven community service activities.

### Child Care

*Partner:* United Way of Greater St. Louis

*Purpose:* To ensure that children from low income working families in the City are cared for in a high quality child care program by providing partial scholarships toward child care for families that are not eligible for state child care subsidies.

### Bullying Prevention

*Partners:* Incarnate Word Foundation, Lutheran Foundation, Catholic and Lutheran Elementary Schools in St. Louis City

*Purpose:* To provide the Comprehensive Bullying Prevention Model, Peaceful Solutions, to 20 Catholic and Lutheran schools in the City of St. Louis.

# INITIATIVES & PARTNERSHIPS

## Parent Education

*Partners:* Incarnate Word Foundation, Lutheran Foundation, Catholic and Lutheran Schools in St. Louis City

*Purpose:* To provide the Parent Education Program for parents of all children grades K, 3 and 6, attending Catholic and Lutheran schools in the City of St. Louis and ensure that parents receive the information they need to develop skills for dealing with issues and challenges facing children as they proceed through various growth and development transitions.

## Non-Public After School Programs\*

*Partners:* Incarnate Word Foundation, Lutheran Foundation, Pettus Foundation, Catholic and Lutheran Schools in St. Louis City

*Purpose:* Provide high quality, comprehensive after-school programs which address intellectual, physical, social and affective domains.

## Public After School Programs\*

*Partner:* St. Louis Public School District

*Purpose:* Provide high quality, comprehensive after-school programs which address intellectual, physical, social and affective domains.

## \* Programming systematically incorporates:

- Academic support/creativity/enrichment; (cognitive development)
- Physical fitness, recreation, health and nutrition; (psycho-motor skills)
- Social/life skills (relationship skills, practical decision making);
- Emotional and mental health/character development
- Parental and family involvement to support and reinforce gains in some or all of these child development areas.

## Adolescent Substance Abuse Treatment

*Partner:* Missouri Department of Mental Health, Division of Alcohol and Drug Abuse

*Purpose:* To provide an adolescent substance abuse treatment program for youth 12-17 years of age.

*Provider:* Preferred Family Healthcare

## Aging Out of Foster Care

*Partners:* Deaconess Foundation, Lutheran Foundation, Incarnate Word Foundation, Daughters of Charity & Trio Foundations, Missouri Foundation for Health, Commerce Bank, and Express Scripts

*Purpose:* To support youth to prepare for aging out of the foster care system to successfully transition to positive, productive adulthood.

*Provider:* Epworth Family and Children's Services

## Transitions to Work Project

*Partners:* St. Louis Area Training & Employment (SLATE)

*Purpose:* To develop a unique, comprehensive youth employment program model to address the numerous barriers which impede city youth from acquiring skills training, gaining unsubsidized employment opportunities, and retaining those jobs over the long term. Both partners saw a true opportunity to join together the resources they had available and create a model program that neither could achieve alone.

*Provider:* Provident

## Happenings 4 Youth Project

*Partner:* St. Louis for Kids

*Purpose:* To create a resource directory which will increase awareness and accessibility of City families to existing positive non-school hour youth programs and activities that will positively impact risk and protective factors in their lives.

*Provider:* St. Louis for Kids

## Addictions Academy

*Partner:* Committed Caring Faith Communities

*Purpose:* To provide scholarships to clergy, lay leaders and congregation members of various faiths to attend an Addictions Academy. The Academy provides education on the topic of substance abuse and addiction.

## INITIATIVES & PARTNERSHIPS

### Mental Health Support Project

*Partner:* United Way of Greater St. Louis

*Purpose:* To assist in addressing the mental health needs of adults experiencing foreclosure, this project expanded a partnership with the St. Louis Alliance for Home-ownership by providing counseling and support services/referral.

### Improving Child Care Quality

*Partner:* United Way of Greater St. Louis

*Purpose:* To improve child care quality in 12 under-served, licensed child care programs that have at least a 25% enrollment of state pay children. One-on-one assistance is provided to the programs by a childcare specialist from CDCA.

*Provider:* CDCA

### Child Care Assistance for Newly Unemployed Workers

*Partner:* United Way of Greater St. Louis

*Purpose:* To make available continued childcare services for families that have been negatively affected by the current economy, this project supplements the United Way's Basic Needs Project by adding a childcare component to ensure that children's lives are not further disrupted by the necessity to move them from their high quality childcare program.

The Mental Health Board identified vulnerable populations for which collaborations were created and federal funding obtained. They are foreign born or limited english proficient (LEP persons) and pre-adjudicated youth dealing with mental health issues.

## Federal Grants

## Comprehensive Services for Survivors of Torture, United States Office of Refugee Resettlement (ORR)

*Providers:* Bi-Lingual Assistant Services (BIAS), Center for Survivors of Torture and War Trauma (CSTWT), Community Alternatives, Inc., Interfaith Legal Services for Immigrants (ILSI), International Institute, Language Access Metro Project (LAMP–Catholic Family Services)

**ANNUAL AWARD: \$475,000**

## Multi-Systemic Treatment for Pre-Adjudicated Youth United States Office of Bureau of Justice Assistance (BJA)

*Providers:* Community Alternatives, Inc., St. Louis Family Court

**ANNUAL AWARD: \$100,000**



United States Administration on Children and Families: Office of Refugee Resettlement  
Torture Victims Relief Act Assistance | *St. Louis Survivors of Torture Collaborative*

MHB appreciates the efforts of all co-investors in achieving the following outcomes:

**275 survivors of torture  
accessed holistic services  
based on their needs.**

*Co-Investors:*

- Community Alternatives
- International Institute
- Bi-Lingual International Assistant Services and Language Access Metro Project (LAMP) Catholic Family Services

**63 survivors improved their  
behavior and/or condition/  
mental health status.**

*Co-Investors:*

- Center for Survivors of Torture and War Trauma (CSTWT)
- St. Louis University Department of Psychiatry
- International Institute
- Bi-Lingual International Assistant Services and Language Access Metro Project (LAMP) Catholic Family Services

**51 survivors demonstrated  
improved functional  
improvements.**

*Co-Investors:*

- Community Alternatives
- International Institute
- Bi-Lingual International Assistant Services and Language Access Metro Project (LAMP) Catholic Family Services

## FEDERAL GRANTS

**111 survivors accessed medical services.**

*Co-Investors:*

- Community Alternatives
- International Institute
- Bi-Lingual International Assistant Services and Language Access Metro Project (LAMP) Catholic Family Services

**60 survivors lived in safe, affordable, stable and sanitary housing for at least 180 days.**

*Co-Investors:*

- Community Alternatives
- International Institute
- Bi-Lingual International Assistant Services and Language Access Metro Project (LAMP) Catholic Family Services

**73 survivors gained and maintained employment for at least 90 days.**

*Co-Investors:*

- Community Alternatives
- International Institute
- Bi-Lingual International Assistant Services and Language Access Metro Project (LAMP) Catholic Family Services

**20 survivors attained favorable citizenship status.**

*Co-Investors:*

- Interfaith Legal Services for Immigrants and Language Access Metro Project (LAMP) Catholic Family Services

**25 survivors gained greater access to friends and social supports.**

*Co-Investors:*

- Community Alternatives
- International Institute
- Bi-Lingual International Assistant Services and Language Access Metro Project (LAMP) Catholic Family Services

(Care Access for New Americans)

# CANA Mental Health Services

Center for Survivors of Torture and War Trauma

“Care Access for New Americans, CANA, is an incredible network of agencies serving refugees resettling in St. Louis. As part of this network, the Center helps facilitate the healing process of severely traumatized individuals and families who have experienced horrific events of torture and war trauma. Through holistic, mind-body approaches, we help survivors find their inner strength to cope with the debilitating psychological effects of their experiences. We are honored to be part of CANA working together with these silent heroes of courage and resilience.”

– Kristin Bulin | executive director | Center for Survivors of Torture and War Trauma

## Listening and Responding

The Center for Survivors of Torture and War Trauma cannot function without providing two ancillary services to its clients: communication and transportation. In most cases, clients are not fluent in English, and an interpreter is needed to facilitate conversations. Clients often need help paying for transportation to the Center, or counselors must make home visits because clients are unable to navigate the

public transportation system. In addition, transportation is vital to providing therapy sessions that draw clients into settings that reduce their isolation, such as trips to local cultural and recreational sites.

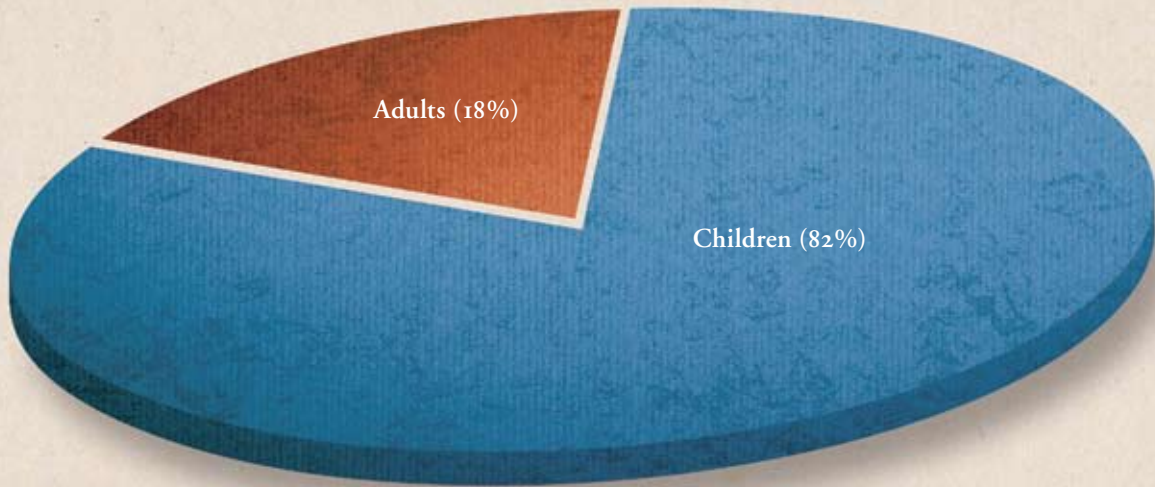
Recognizing these two elements were basic to the Center’s ability to provide client services, MHB ensured that reimbursement for communication and transportation fees is covered under the grant funding.



# Snapshots

## FY09 Grants

(Children vs. Adults)

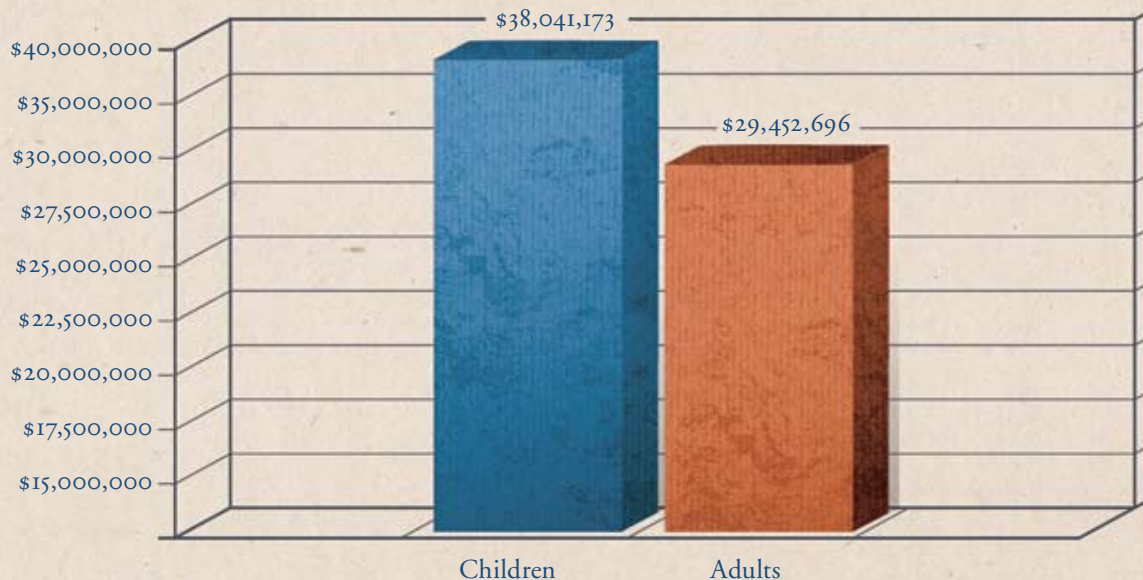


**Current FY Grants Total Number: 57**

(Children: 47 | Adults: 10)

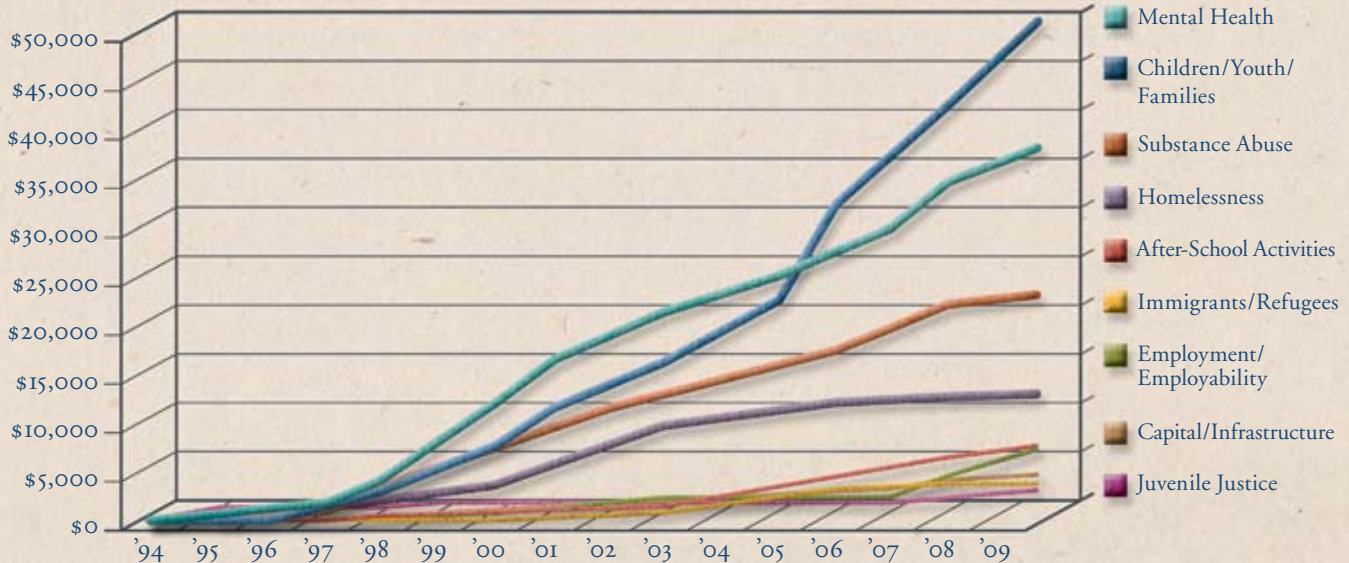
# Cumulative Investments 1995-2009

(Children vs. Adults)



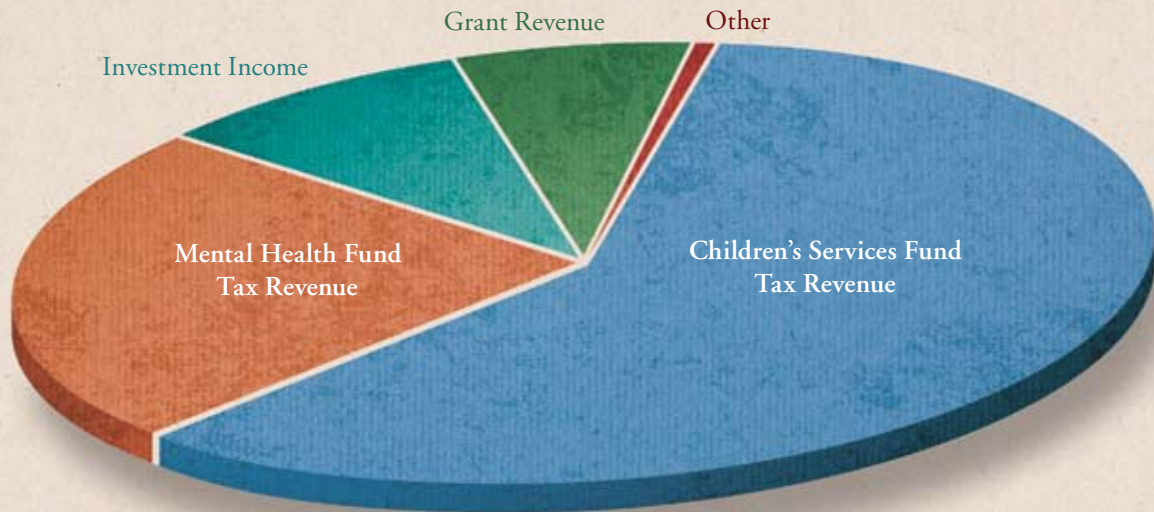
# Investments, 1994-2009

(St. Louis Mental Health Board)

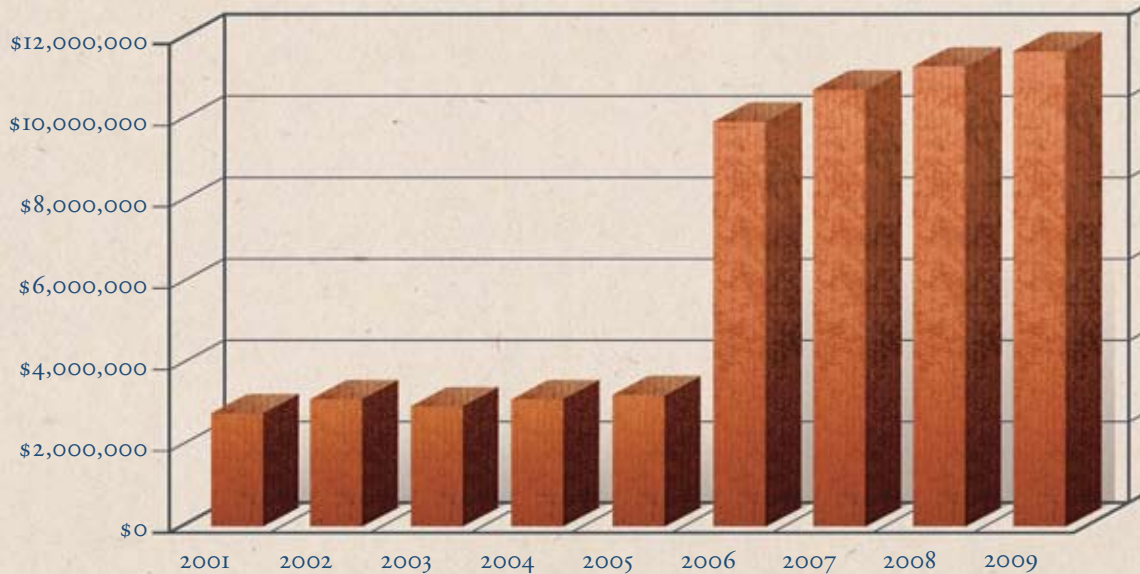


## FY09 Revenues by Source

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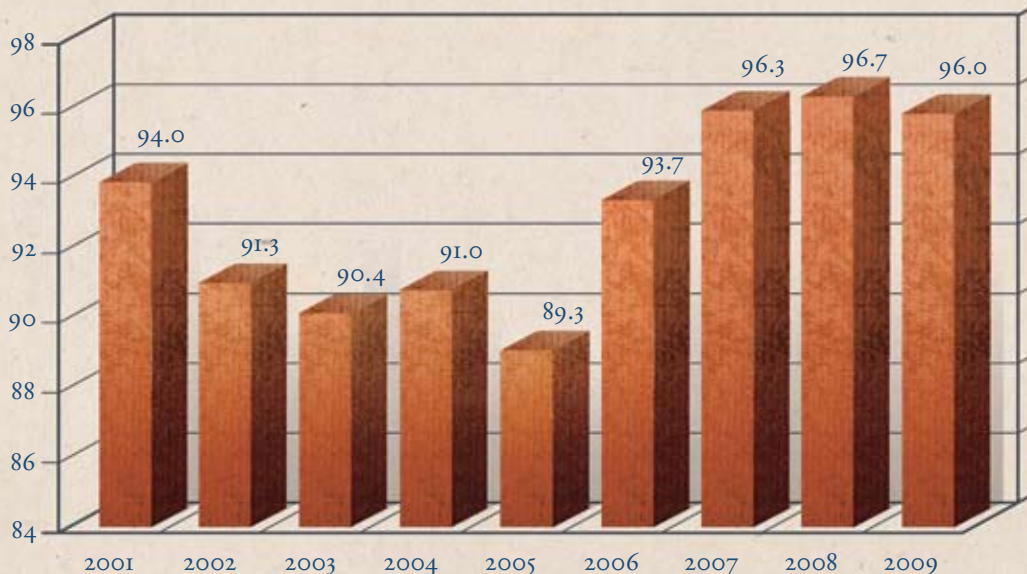


## Local Tax Revenue

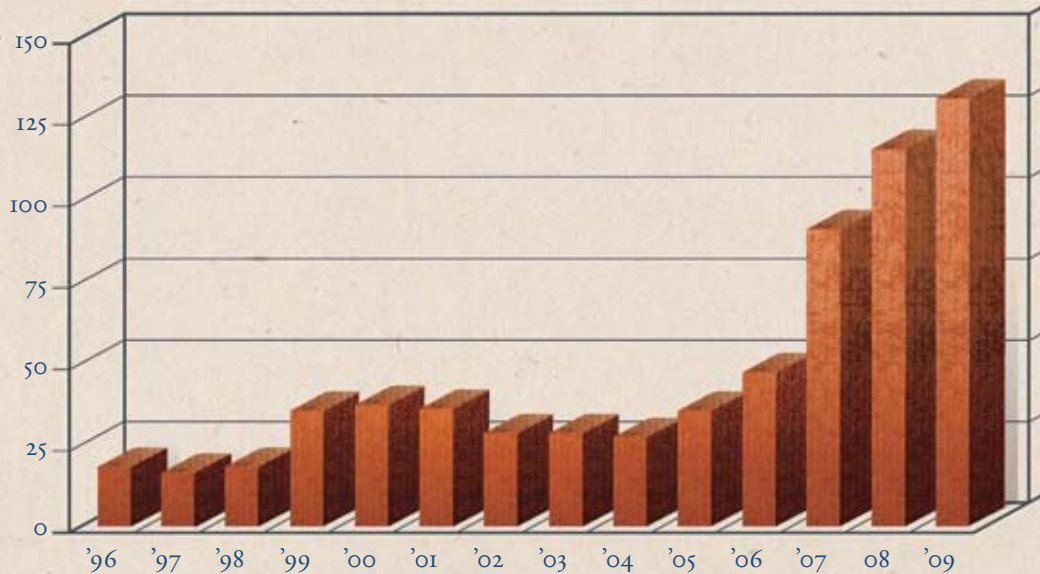


# Project Expenditures to Total Expenditures

(in percentages)



## Number of Agencies Funded by Year



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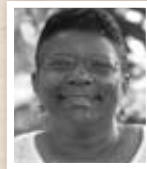
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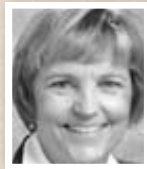
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Deputy Director



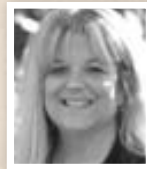
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Project Director



**Celestina Zavala**  
Secretary



**Carter H. Whitson**  
Project Director



# Contact Information

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